AUCKLAND HEALTH RESEARCH ETHICS COMMITTEE (AHREC)

12/04/2024

Dr Elizabeth Broadbent
Psychological Medicine

Re: Application for Ethics Approval (Our Ref. AH27228): Approved

The Committee considered your application for ethics approval for the study entitled "**Using Digital Humans to Deliver Stress Management to Women with Breast Cancer: Feasibility and Acceptability.**".

We are pleased to inform you that ethics approval has been granted.

The expiry date for this approval is **12/04/2027**.

Locality approval: Before starting your research, ensure that all the required locality approvals have been obtained. If one or more DHBs will be a locality, please contact their Research Office(s) to determine the locality approval requirements of the DHB(s).

Final report: In order that up-to-date records are maintained, you must notify the Committee once your project is completed and submit a final report.

Amendments to the approved project: Should you need to make any changes to the approved project, please follow the steps below:

- Send a request to the AHREC Administrators to unlock the application form (using the Correspondence tab in Ethics RM).
- Make all changes to the relevant sections of the application form and attach revised documents (as appropriate).
- Change the Application Type to "Amendment request" in Section L.
- Add a summary of the changes requested in the text box.
- Submit the amendment request (PI/Supervisors only to submit the form).

If the project changes significantly, you are required to submit a new application.

Funded projects: If you received funding for this project, please provide this approval letter to your local Faculty Research Project Coordinator (RPC) or Research Project Manager (RPM) so that the approval can be notified via a Service Request to the Research Operations Centre (ROC) for activation of the grant.

The Chair and the members of AHREC would be happy to discuss general matters relating to ethics approvals. If you wish to do so, please contact the AHREC Ethics Administrators at ahrec@auckland.ac.nz in the first instance.

Additional information:

- Do not forget to fill in the 'approval wording' on the PISs, CFs and/or advertisements, using the date of this approval and the reference number, before you use the documents or send them out to your participants.

All communications with the AHREC regarding this application should indicate this reference number: **AH27228**.

AHREC Administrators

Auckland Health Research Ethics Committee