



15-May-2023

Dear Professor Jennifer Hudson,

Project Title	"Facing Fears and Worries" - A Digital Exposure Intervention for Children with Anxiety: A Pilot Case Series Intervention Study and Randomised Controlled Trial
HC No	HC230097
Re	HC230097 Notification of Ethics Approval
Approval Period	15-May-2023 - 14-May-2028

Thank you for submitting the above research project to the **HREC Executive** for ethical review. This project was considered by the **HREC Executive** at its meeting on **11-May-2023**.

I am pleased to advise you that the **HREC Executive** has granted ethical approval of this research project. The following condition(s) must be met before data collection commences:

Condition of Approval:

1. Please update the PISCF to include details of where the e-gift cards can be used (e.g.: names of major retailers).

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Conditions of Approval:

Conditions of Approval - All Projects:

- The Chief Investigator will immediately report anything that might warrant review of ethical approval of the project.
- The Chief Investigator will seek approval from the **HREC Executive** for any modifications to the protocol or other project documents.
- The Chief Investigator will notify the **HREC Executive** immediately of any protocol deviation or adverse events or safety events related to the project.
- The Chief Investigator will report to the **HREC Executive** annually in the specified format and notify the **HREC Executive** when the project is completed at all sites.
- The Chief Investigator will notify the **HREC Executive** if the project is discontinued before the expected completion date, with reasons provided.
- The Chief Investigator will notify the **HREC Executive** of his or her inability to continue as Coordinating Chief Investigator including the name of and contact information for a replacement.

The **HREC Executive** Terms of Reference, Standard Operating Procedures, membership and standard forms are available from <https://research.unsw.edu.au/research-ethics-and-compliance-support-recs>.

For questions or concerns, please contact the Ethics Administrator using the contact details below.

Telephone: [Human Ethics team telephone contacts](#)

Email: humanethics@unsw.edu.au

Website: <https://research.unsw.edu.au/human-research-ethics-home>

Kind Regards,

This HREC is constituted and operates in accordance with the National Health and Medical Research Council's (NHMRC) *National Statement on Ethical Conduct in Human Research (2007)*. The processes used by this HREC to review multi-centre research proposals have been certified by the National Health and Medical Research Council.