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Bahir Dar University
 College of Medicine and Health Sciences
 Institutional Review Board
 Bahir Dar, Ethiopia



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IRB's Decision (Extension)

Meeting No.: **Expedit/2023**
 Protocol number: 792/2023

Date: June 30, 2023
 assigned No: 003

Protocol Title: - The effectiveness, feasibility, and acceptability of an education intervention promoting healthy lifestyle to reduce risk factors for metabolic syndrome, among office workers in Ethiopia: A randomized control trial.	
Principal investigator:	Sitotaw Bogale
Co-investigators	1. Dr. Matthew Kelly 2. Dr. Sarma, Haribondhu 3. Professor Darren Gray
Institute:	College of Medicine and Health Sciences, Bahir Dar University
Elements Reviewed (CMHS/IRB 01 - 008)	<input checked="" type="checkbox"/> Attached <input type="checkbox"/> Not attached
Review of Revised Application <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Date of Previous review:
Decision of the meeting:	<input checked="" type="checkbox"/> Approved <input type="checkbox"/> Approved with Recommendation <input type="checkbox"/> Resubmission <input type="checkbox"/> Disapproved

- Elements approved:
1. Protocol Version No.: 01
 2. Protocol Version Date June 30, 2023
 3. Informed Consent Version: 01
 4. Informed Consent Version Date: June 30, 2023

Obligations of the PI:

- ✓ Comply with Standard National and International Ethical Guidelines
- ✓ All Amendments and Changes made in the Protocol and Consent Needs IRB Approval
- ✓ Report SAE within 10 days of the event
- ✓ End of the study, including manuscript and thesis works should be reported to IRB

To NRERC ✓

Institutional Review Board (IRB) Approval: Period from **30/06/2023** to **30/06/2024**

Follow-up Report Expected in:

3months _____ 6months _____ 9months _____ One Year _____

Chairperson, IRB : **Mulusew Andualem(PhD)**

Signature _____

Mulusew Andualem (PhD)
 Director of Research and Development Office

Date: Jun 30, 2023



aries@anu.edu.au

Sitotaw Bogale

Human Ethics Team;Darren Gray

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THIS IS A SYSTEM-GENERATED EMAIL. PLEASE REPLY TO HUMAN.ETHICS.OFFICER@ANU.EDU.AU.

ANU logo small

Dear Mr Sitotaw Bogale,

Protocol: 2022/845

The effectiveness, feasibility, and acceptability of an education intervention promoting healthy lifestyle to reduce risk factors for metabolic syndrome, among office workers in Ethiopia: A randomized control trial.

I am pleased to advise you that your Human Ethics application received approval from the HREC Chair on 31/08/2023.

Please read the following information about the conditions of your approval according to the NHMRC National Statement on Ethical Conduct in Human Research (2007):

The committee will request a brief report on your project regularly. Reporting periods depend on the level of risk and the length of the project, but at minimum you will need to complete an annual monitoring report in ARIES. A guide on how to do so is here.

If you need to make any changes to your protocol in the course of your research, you must notify the committee of the proposed variation and receive approval from the Chair beforehand. A guide on how to do so is here.

Please notify the committee immediately if you receive any complaints about the research work or any unforeseen events occur that might affect continued ethical acceptability of the research work.

If the project finishes before the projected end date, or if you are leaving ANU, please notify the Ethics Office so the record can be closed.

The validity of the current approval is five years maximum from the date shown approved. For longer projects you are required to seek renewed approval from the Committee.

If you have any questions, please contact the Ethics Office at human.ethics.officer@anu.edu.au.

All the best with your research,

Research Ethics Office

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CRICOS Provider 00120C

The Australian National University acknowledges, celebrates and pays our respects to the Ngunnawal and Ngambri people of the Canberra region and to all First Nations Australians on whose traditional lands we meet and work, and whose cultures are among the oldest continuing cultures in human history.