The Royal Melbourne Hospital

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**Ethical Approval**

## Royal Melbourne Hospital Human Research Ethics Committee

A/Prof Simon Rice
Orygen, The National Centre of Excellence in Youth Mental Health
Locked Bag 10
3052, VIC Australia

25 July 2023 (updated 27 July 2023)

Dear A/Prof Simon Rice,

**HREC Reference Number:** HREC/82198/MH-2022
**Royal Melbourne Hospital Site Reference Number:** 2022.276
**Project Title:** Affinity

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I am pleased to advise that the above project has **received ethical approval** from the Royal Melbourne Hospital Human Research Ethics Committee (HREC). The HREC confirms that your proposal meets the requirements of the National Statement on Ethical Conduct in Human Research (2007). This HREC is organised and operates in accordance with the National Health and Medical Research Council's (NHRMC) National Statement on Ethical Conduct in Human Research (2007), and all subsequent updates, and in accordance with the Note for Guidance on Good Clinical Practice (CPMP/ICH/135/95), the Health Privacy Principles described in the Health Records Act 2001 (Vic) and Section 95A of the Privacy Act 1988 (and subsequent Guidelines).

**HREC Approval Date:** 24 July 2023

**Ethical approval for this project applies at the following sites:**

| **Site** |
|---|
| Study site:<br>• MOST Platform (Orygen Digital)<br>Recruitment sites:<br>• Youth Mood Clinic, Orygen Youth Health Clinical Program<br>• headspace Craigieburn<br>• headspace Glenroy<br>• headspace Sunshine<br>• headspace Melton<br>• headspace Werribee |

**Approved Documents:**

The following documents have been reviewed and approved:

| Document | Version | Date |
|---|---|---|
| Protocol | 1.2 | 6 July 2023 |
| Master Parent and Guardian Participant Information Sheet/Consent Form (Qualitative Interview) | 1.1 | 24 July 2023 |
| Master Main Participant Information Sheet/Consent Form (Qualitative Interview) | 1.1 | 24 July 2023 |
| Master Parent and Guardian Participant Information Sheet/Consent Form | 1.3 | 13 July 2023 |
| Master Main Participant Information Sheet/Consent Form | 1.2 | 2 June 2023 |
| Master Participant Information Sheet/Consent Form(Attune Substudy Qualitative Interview) | 1.1 | 24 July 2023 |
| Master RCT Caregiver Participant Information Sheet/Consent Form(Attune Substudy) | 1.2 | 2 June 2023 |
| Master Affinity Trial Staff Participant Information Sheet/Consent Form | 1.3 | 24 July 2023 |
| Participant Consent Form For The Release of Services Australia Information | 1 | 23 May 2023 |
| Interview Schedule Caregivers | 1.0 | 22 May 2023 |
| Interview Schedule Participants | 1.0 | 22 May 2023 |
| Interview Schedule For Moderators & Clinicians | 1.0 | 22 May 2023 |
| RUQ (Baseline) | 1.0 | 11 July 2022 |
| RUQ (12-26 week) | 1.0 | 11 July 2022 |
| RUQ (12 month) | 1.0 | 11 July 2022 |
| AQoL-4D | 1.0 | 11 July 2022 |
| C-SSRS (HDR Version) | 1.0 | 11 July 2022 |
| A-ESAH (HDR Version) | 1.0 | 11 July 2022 |
| IHS (HDR Version) | 1.0 | 11 July 2022 |
| INQ-10 (HDR Version) | 1.0 | 11 July 2022 |
| MDRS-7 (HDR Version) | 1.0 | 11 July 2022 |
| Demographics Questionnaire | 1.0 | 11 July 2022 |
| Demographics (Education And Employment) | 1.0 | 11 July 2022 |
| SIS | 1.0 | 11 July 2022 |
| SCS-SF | 1.0 | 11 July 2022 |
| WAI-C | 1.0 | 11 July 2022 |
| DERS-18 | 1.0 | 11 July 2022 |

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|---|---|---|
| IIQ | 1.0 | 11 July 2022 |
| PHQ-4 | 1.0 | 11 July 2022 |
| QIDS-SR | 1.0 | 11 July 2022 |
| SHS | 1.0 | 11 July 2022 |
| SIQ | 1.0 | 11 July 2022 |
| Content Examples | - | 23 May 2023 |
| Track 1 (Affinity) | - | - |
| Track 3 (Affinity) | - | - |
| Track 5 (Affinity) | - | - |

**Governance Authorisation:**

Governance Authorisation is required at each site participating in the study before the research project can commence at that site.

You are required to provide a copy of this HREC approval letter to the principal investigator for each site covered by this ethics approval for inclusion in the site specific assessment application.

**Conditions of Ethics Approval:**

- You are required to submit to the HREC:
    - An Annual Progress Report (that covers all sites listed on approval) for the duration of the project. This report is due by 31 March each year. Continuation of ethics approval is contingent on submission of an annual report being submitted by 31 March each year. Failure to comply with this requirement may result in suspension/withdrawal of the project by the HREC.
    - A comprehensive Final Report upon completion of the project.
- Submit to the reviewing HREC for approval any proposed amendments to the project including any proposed changes to the Protocol, Participant Information and Consent Form/s and the Investigator Brochure.
- Notify the reviewing HREC of any adverse events that have a material impact on the conduct of the research in accordance with the NHMRC's Safety Monitoring and Reporting in Clinical Trials Involving Therapeutic Goods (2016) guideline.
- Notify the reviewing HREC of your inability to continue as Coordinating Principal Investigator.
- Notify the reviewing HREC of the failure to commence the study within 12 months of the HREC approval date or if a decision is taken to end the study at any of the sites prior to the expected date of completion.
- Notify the reviewing HREC of any matters which may impact the conduct of the project.
- If your project involves radiation, you are legally obliged to conduct your research in accordance with the Australian Radiation Protection and Nuclear Safety Agency Code of Practice 'Exposure of Humans to Ionizing Radiation for Research Purposes' Radiation Protection series Publication No.8 (May 2005)(ARPANSA Code).

Please note: Template forms for reporting Amendments, safety reporting, Annual/Final reports, etc. can be accessed from: https://www.thermh.org.au/research/office-for-research/post-approval-project-management

The HREC may conduct an audit of the project at any time.

Yours sincerely,

Prof Peter Colman
Chair – Royal Melbourne Hospital Human Research Ethics Committee (HREC)