



Southern Cross University
Human Research Ethics Committee (SCU HREC)

Notification
Human Research Ethics Application Approval

To: Anderson Stacey; Tranter Richard; Hurley John; King Peter; Provost Stephen; Lakeman Richard; Herrera Claudia; Leggett Andrew; Happell Brenda

From: Professor Colleen Cartwright
Chair, Human Research Ethics Committee (HREC)

Project name: A comparison of online and face-to-face Dialectical Behaviour Therapy: A parallel group randomized trial and pragmatic evaluation

Approval Date: 08/04/2022

Approval Number: 2022/033

Expiry Date: 07/04/2025

Dear Investigator/s,

Thank you for the Human Research Ethics Application (HREA). The Application was considered by the SCU HREC and Sub-Committee and is approved. Please note the ethics approval number above.

The nominated participating sites in this project are:

- Site 1: Australian DBT Institute, 6 Railway Street, Southport QLD 4214
- Site 2: Australian DBT Institute, 144 Martin St, Brighton VIC 3188

This approval is subject to the following conditions being met:

The Chief Investigator will:

1. immediately report anything that might warrant review of ethical approval of the project on the Adverse Events form;
2. immediately notify the SCU HREC, on the appropriate form, of any change in protocol;
3. report to the SCU HREC annually in the specified format and notify HREC when the project is completed;
4. notify the SCU HREC if the project is discontinued at a participating site before the expected completion date, with reasons provided;
5. notify the SCU HREC of any plan to extend the duration of the project past the approval period listed above and will submit any associated required documentation

A copy of this ethical approval letter must be submitted by all site Principal Investigators to the Research Governance Office or equivalent body or individual at each participating institution in a timely manner to enable the institution to authorise the commencement of the project at its site/s.

This letter constitutes ethical approval only. This project cannot proceed at any site until separate research governance authorisation has been obtained from the CEO or Delegate of the institution under whose auspices the research will be conducted at that site.

Should you have any queries about the SCU HREC's consideration of your project please contact ethics.lismore@scu.edu.au. The SCU HREC Terms of Reference, membership and standard forms are available from <https://www.scu.edu.au/research/forms-and-downloads-document-downloads/>.

SCU HREC wishes you every success in your research.

Kind Regards,



for
Professor Colleen Cartwright
Chair, Human Research Ethics Committee