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MEMORANDUM

To: Dr Elizabeth Pearson

From: Human Research Ethics & Governance

CC: Lauren Williams

Date: 21 October 2021

Re: Peter Mac No: 21/142L

HREC Reference: HREC/78080/PMCC

Title: REFRESH: Feasibility of a Stepped-Care Cognitive Behaviour Therapy Program for

Cancer Fatigue Management

We are pleased to advise that the amendment submission dated 19 October 2021 has **received ethical approval** from the Peter MacCallum Cancer Centre Human Research Ethics Committee. The amendment also **satisfies Peter Mac Research Governance requirements** and may now be conducted at this site.

The following documents have been reviewed and approved:

Document	Version	Date
Protocol REFRESH	3	19 October 2021
Appendix A: Participant Questionnaires (A.1 to A.6)	3	19 October 2021

Should you have any questions about your project please contact the Human Research Ethics & Governance office on (03) 8559 7540 or ethics@petermac.org. Submission guidelines, forms and standard operating procedures are available at: www.petermac.org/research/doing-research-us/ethics-governance

Kind regards,

Human Research Ethics & Governance

The Peter MacCallum Cancer Centre Human Research Ethics Committee and it's subcommittees are organised and operate in accordance with the National Health and Medical Research Council's (NHMRC) National Statement on Ethical Conduct in Research Involving Humans (2018), and all subsequent updates, and in accordance with the Note for Guidance on Good Clinical Practice (CPMP/ICH/135/95) and the Health Privacy Principles described in the Health Records Act 2001 (Vic) and Section 95A of the Privacy Act 1988 (and subsequent Guidelines).

Please be advised that the Principal Researcher and Associate Researchers named on the application did not participate in deliberative discussions or decision-making regarding the project.