Office address 35 Harvey Street Little Bay NSW 2036 www.ahmrc.org.au Postal address PO Box 193 Matraville NSW 2036 T +61 2 9212 4777
F +61 2 9212 7211
E ahmrc@ahmrc.org.au

20/01/2022

John Stevens Australasian Society of Lifestyle Medicine and Southern Cross University

Dear John Stevens,

RE: 1876/21: Diabetes Remission in Aboriginal Women (The DRAW project): Yarning to Reverse T2DM in Aboriginal Women.

I am pleased to advise you that the above research project meets the requirements of the National Statement on Ethical Conduct in Human Research (2007 update 2018) and ethical approval for this research project has been granted by AH&MRC Human Research Ethics Committee.

This approval is valid from 20/01/2022 until 20/01/2023, with ongoing approval subject to the receipt and approval of an annual report.

The documents listed below are approved:

CV_john_Stevens.pdf

CV Willow Firth.pdf

GE_Short_CV_2021.pdf

Kalinda_-_Bio.pdf

Prof_Bob_Morgan_CV.pdf

Short_CV_for_Hayley_Longbottom.pdf

4_TOR_reference_group_Draw_Project_021121_v1.pdf

1 DRAW Ethics Application 021121 v1.pdf

2._Draw_protocol_021121 v1.pdf

2_Draw_Protocol_021121_v1.pdf

3_DRAW_project_patient_information_021121_v1.pdf

5 Draw_project_consent_form_021121_v1.pdf

4_TOR_reference_group_Draw_Project_021121_v1.pdf

6 Wamindas support letter for ASLM 021121 v1.pdf

7 draw project Dexcom 6 specs.pdf

8_Draw_project_Satisfaction_survey_021121_v1.pdf

9_Draw_project_semi-structured_Interview_schedule_DRAW_v1.pdf

10. PAM 10.pdf

11 five_day_meal_plan_.pdf

12_PAID_survey_DRAW_project_v1.pdf

The amended documents listed below that were submitted as a result of the AH&MRC HRECs request for further information are approved.

Wamindas_support_letter_for_ASLM_FW_Signed.pdf waminda_DRAW_project_patient_information_LDcomments1112021_003_002.docx



Office address 35 Harvey Street Little Bay NSW 2036 www.ahmrc.org.au Postal address PO Box 193 Matraville NSW 2036 T +61 2 9212 4777 F +61 2 9212 7211 E ahmrc@ahmrc.org.au

[Note: The amended documents supersede the original document version]. Approval of this project from the AH&MRC HREC is subject to the following conditions being met:

- The Coordinating Principal Investigator will immediately report anything that might warrant a review of the ethical approval of the project.
- The Coordinating Principal Investigator will notify the AH&MRC Ethics Committee of any event that requires a modification to the protocol or other project documents and submit any required amendments in accordance with the instructions provided by the HREC. These instructions can be found at www.ahmrc.org.au/ethics.
- The Coordinating Principal Investigator will submit any necessary reports related to the safety of research participants in accordance with the AH&MRC Ethics Committee policy and procedures. These instructions can be found at www.ahmrc.org.au/ethics.
- The Coordinating Principal Investigator will report to the AH&MRC Ethics Committee annually in the specified format and notify the HREC when the project is completed at all sites.
- The Coordinating Principal Investigator will notify the AH&MRC Ethics Committee if the project is discontinued at a participating site before the expected completion date, with reasons provided.
- The Coordinating Principal Investigator will notify the AH&MRC Ethics Committee of any plan to extend the duration of the project past the approval period listed above and will submit any associated required documentation. Instructions for obtaining an extension of approval can be found at www.ahmrc.org.au/ethics.
- The Coordinating Principal Investigator will notify the AH&MRC Ethics Committee of his or her inability to continue as Coordinating Principal Investigator including the name of and contact information for a replacement.
- The Coordinating Principal Investigator will submit the final draft report from the research, and any publication or presentation where data or findings are presented, to the AH&MRC Ethics Committee to be reviewed for compliance with ethical and cultural criteria prior to:
- Any submission for publication; and/or
- · Any dissemination of the report

The AH&MRC HREC has attached your approval letter to this message.

Should you have any queries about the AH&MRC HREC's consideration of your project please login to Submittable, contact ethics@ahmrc.org.au or phone (02) 9212 4777.



Office address 35 Harvey Street Little Bay NSW 2036

www.ahmrc.org.au

Postal address PO Box 193 Matraville NSW 2036 T +61 2 9212 4777 F +61 2 9212 7211 E ahmrc@ahmrc.org.au

Yours Faithfully,

Dr Michael Doyle

Co-Chair

AH&MRC Ethics Committee

Dr Summer Finlay

Kent

Co-Chair

AH&MRC Ethics Committee