# Consent Form

# The Academic Unit for Psychiatry of Old Age

## ***Project: Mind Your Nose Trial***

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| **Name of Participant:** |  |

1. I consent to participate in this project, the details of which have been explained to me, and I have been provided with a written plain language statement to keep.
2. I understand that the purpose of this research is to investigate whether olfactory-based memory training has benefits for older people who experience olfactory decline, as well as subjective cognitive decline or mild cognitive impairment.
3. I understand that my participation in this project is for research purposes only.
4. I acknowledge that the possible effects of participating in this research project have been explained to my satisfaction.
5. In this project I will be required to practice on a memory board game for 20 minutes per day, for a period of four weeks (20 training days). I will also be required to my training sessions and performance in activity logbooks. I will be involved in three face-to-face assessments involving olfactory and visual memory measures and questionnaires about my perceptions of these abilities.
6. I understand that my participation is voluntary and that I am free to withdraw from this project anytime without explanation or prejudice and to withdraw any unprocessed data that I have provided.
7. I understand that the data from this research will be stored at the University of Melbourne and will be destroyed 5 years after publication.
8. I have been informed that the confidentiality of the information I provide will be safeguarded subject to any legal requirements; my data will be password protected and accessible only by the named researchers.
9. I understand that after I sign and return this consent form, it will be retained by the researcher.

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| **Participant Signature:** |  | **Date:** |  |