



Institutional Review Board Approval Letter For Research Involving Human Subjects

Principal Investigator: Dr Tim Xu
Project Title: Effectiveness of a multicomponent frailty management program among community-dwelling older adults in Singapore: A pilot-controlled trial.
Project Number: 2019014
Action: APPROVED
Approval Date: 20 March 2019
Expiry Date: 31 March 2020

Dear Dr Tim Xu

The materials for the project referenced above has been reviewed and approved by the SIT IRB by EXPEDITED review.

SIT IRB approval is given with the understanding that the most recently approved procedures will be followed and the most recently approved consenting documents will be used. If modifications are needed, those changes may not be initiated until such modifications have been submitted to the SIT IRB for review and have been granted approval.

Studies cannot be conducted beyond expiry date without re-approval by the SIT IRB. Please be reminded to apply for and receive continuing approval for the duration of the study.

SIT, Institutional Review Board

Professor Ponnampalam Gopalakrishnakone, Chairman of Singapore Institute of Technology –
Institutional Review Board

Date: 20 March 2019

Signature: _____

A handwritten signature in black ink, appearing to be 'P. Gopalakrishnakone', is written over a horizontal line. The signature is fluid and cursive.