

Research Support Services Monash Health Level 2, I Block Monash Medical Centre 246 Clayton Road Clayton Victoria 3168

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09 December 2020

Dr Christopher Lyne Monash Health Department of Monash Lung and Sleep Monash Lung and Sleep, 246 Clayton Rd Clayton VIC 3168

Dear Researcher,

# Study Title: A validation study of the limited channel single and multi-use NightOwl sleep testing systems compared to laboratory polysomnography in the diagnosis of obstructive sleep apnoea

## ERM Reference Number: 66306 Monash Health Reference: RES-20-0000-702A

The Monash Health HREC reviewed the above application at the meeting held on 01 October 2020. In addition, the HREC is satisfied that the responses to our correspondence of 05 October 2020 have been sufficiently addressed.

The HREC approved the above application on the basis of the information provided in the application form, protocol and supporting documentation.

This reviewing HREC is accredited by the Victorian Department of Health and Human Services under the National Mutual Acceptance, single ethical review system.

## Approval

The HREC approval is from 09 December 2020.

Approval is given in accordance with the research conforming to the National Health and Medical Research Council Act 1992 and the National Statement on Ethical Conduct in Human Research (2018). The HREC has ethically approved this research according to the Memorandum of Understanding between the Victorian Department of Health and Human Services and the participating organisations conducting the research.

Approval is given for this research project to be conducted at the following sites and campuses:

• Monash Health, VIC;

Monash Medical Centre, Clayton 246 Clayton Road Clayton Tel: 9594 6666 Monash Medical Centre, Moorabbin Centre Road East Bentleigh Tel: 9928 8111 Kingston Centre Warrigal Road Cheltenham Tel: 9265 1000 Dandenong Hospital David Street Dandenong Tel: 9554 1000 Casey Hospital Kangan Drive Berwick Tel: 8768 1200 Community-based services across the South East

You must comply with the following conditions:

The Chief Principal Investigator is required to notify the Manager, Human Research Ethics Committee, Monash Health of:

- 1. Any change in protocol and the reason for that change together with an indication of ethical implications (if any)
- 2. Suspected Unexpected Serious Adverse Reactions (SUSARs), Serious Adverse Events (SAEs) or Significant Safety Issues (SSIs) in accordance with the NHMRC safety guidelines as adopted by Monash Health that occur with a Monash Health participant or with a participant from a site that Monash Health has provided HREC review.
- 3. Any unforeseen events that might affect continued ethical acceptability of the project.
- 4. Any expiry of the insurance coverage provided in respect of sponsored trials.
- 5. Discontinuation of the project before the expected date of completion, giving reasons.
- 6. Any change in personnel involved in the research project including any study member resigning from Monash Health &/or the study team.

At the conclusion of the project or every twelve months if the project continues, the Principal Investigator is required to complete and forward an annual progress report to the Committee.

Reminders to submit annual progress report forms will be forwarded to the researcher.

The Coordinating Principal Investigator is responsible for notifying Principal Investigators. The Coordinating Principal Investigator and Principal Investigators should forward a copy of this letter to their site's Research Governance Officer.

### **Approved documents**

Documents reviewed and approved at the meeting were:

Document	Version	Date
Human Research Ethics Application		
Victorian Specific Module (VSM)	-	13 November 2020
NightOwl Protocol	1.2	07 November 2020
NightOwl Consent	1.2	01 November 2020
NightOwl Data Privacy and Security	1	07 November 2020
NightOwl Data Points to be collected from participants	1	26 November 2020
Making available of study equipment	-	-

This study involves ionising radiation. If the radiation dose exceeds the dose constraints specified in Table 1 of the Australian Radiation Protection and Nuclear Safety Agency (ARPANSA) Code of Practice for the Exposure of Humans to Ionizing Radiation for Research Purposes, then it is the responsibility of the Principal Investigator at the site to add the study to the Radiation Risk licence. This notification must be made by the Radiation Safety Officer within 14 days of Site Specific Authorisation being granted.

### Site-Specific Assessment (SSA)

SSA authorisation is required at all sites participating in the study. SSA must be authorised at a site before the research project can commence.

The completed Site-Specific Assessment Form and a copy of this ethics approval letter must be submitted to the Research Governance Officer for authorisation by the Chief Executive or delegate. This applies to each site participating in the research.

If you should have any queries about your project please contact the Research Support Services team via email <u>research@monashhealth.org</u> in the first instance.

The HREC wishes you and your colleagues every success in your research.

Yours sincerely

D. Deel

**DEBORAH DELL** Manager, Human Research Ethics Committee & Research Support Services

All correspondence in regard to this study must be uploaded on ERM with both the Monash Health Reference Number and the Project ID.

Upon uploading, please also email the documents via email to <u>research@monashhealth.org</u>, along with the Monash Health Reference Number ERM Project ID and study title.

Checklist: Post-ethics approval requirements that must be met before a research project can commence at a study site.

Requirements	Yes/No/NA
Ethics approval notification	Yes
The PI must send a copy to the RGO at that study site.	105
HREC Review Only Indemnity	N/A
The PI must forward a copy of the signed HREC Review Only	
Indemnity to the RGO at that study site.	
CTN Acknowledgement for Commercially Sponsored Studies	N/A
The PI must forward a copy of the CTN Acknowledgement to	
Research Support Services.	
CTN Lodgement for Collaborative Group/Investigator Driven Studies	N/A
The PI or nominated delegate is requested to make an appointment	
with the Monash Health Research Support Services contact for the	
study deborah.dell@monashhealth.org or	
michael.kios@monashhealth.org so that the lodgment may be	
completed by both the investigator and Research Support Services.	
The banking details for payment to the TGA will need to be brought	
along to this appointment, in order to finalise notification to the TGA.	
The fee for lodging a CTN is \$335.	
SSA authorisation notification	Yes
The PI must forward the SSA form and attached documents (e.g.	
CTRA) to the RGO so the authority approving the conduct of the trial,	
at that site, can complete and sign.	
Radiation	No
If applicable, the RGO must contact the Medical Physicist so that the	
study may be notified to the Radiation Risk Section of the	
Department of Health and Human Services.	
Other Commonwealth statutory requirements	N/A
Ensure compliance with the following e.g. Office of the Gene	
Technology Regulator, NHMRC Licensing Committee, NHMRC Cellular	
Therapies Advisory Committee.	

Please ensure that as a PI (including the CPI) the following are completed at each study site.