Title

Statistical Analysis Plan for the SITA trial: An RCT of a decision aid to support informed choices about taking aspirin to

prevent colorectal cancer and other chronic diseases

Date and version

19/05/2022 Version 1.0

Trial registration

SITA was prospectively registered on the Australian and New Zealand Clinical Trials Registry (ACTRN12620001003965) in August 2020. Participant recruitment commenced in October 2020 and was completed in April 2021. Follow-up and process data collection was completed in November 2021, 7 months after the last participant was recruited, allowing for an additional month to follow-up late responders of the 6-month follow up questionnaires. https://www.anzctr.org.au/Trial/Registration/TrialReview.aspx?ACTRN=12620001003965

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Protocol reference

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SAP Revision History

Protocol version Updated	SAP version no.	Section number changed	Description and reason for change	Date changed
Version 1	1.0			

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Abbreviations

RA – Research Assistant EFT – Expected Frequency Trees CRC – Colorectal cancer GP – General practitioner ANZCTR – Australia New Zealand Clinical Trial Registry WHS – Women's Health Study VCA – Victorian Cancer Agency

Keywords

Preventive medicine, General practice, Primary care, Cancer prevention, Bowel cancer, Colorectal cancer, Aspirin, Guideline implementation, Chemoprevention, Decision Aid, Informed decision making

Background

This trial, SITA, is a stratified individually randomised controlled trial (RCT) with general practice patients that aims to test the efficacy of a health consultation and use of a sex-specific decision aid, using an expected frequency tree (EFT) to present the benefits and harms of taking low dose aspirin, on informed decision-making at one month and uptake of aspirin at six-months. The decision aids convey the Cancer Council Australia aspirin guidelines which recommend that all people aged 50-70 years old actively consider taking daily low-dose aspirin (100–300mg per day) for 2.5 to 5 years to reduce their risk of colorectal cancer (CRC).(1) Control participants receive general information about modifiable risk factors for CRC prevention. The study rationale, and details of the study design, including setting, eligibility criteria, sample size calculations and statistical analysis are detailed in the published study trial protocol.(2) This document provides a detailed statistical analysis plan, to complement the study protocol and to expand on the secondary and sensitivity analyses.

Objectives

The two equally important objectives are to determine if the EFT-based decision aid, used in a health consultation compared with general CRC prevention information in general practice patients between 50 and 70 years old:

- 1. increases informed decision-making related to taking aspirin at one-month and
- 2. increases self-reported use of aspirin at six-months

Secondary objectives are to compare the novel EFT-based decision aid, used in a health consultation compared with general CRC prevention information in general practice patients between 50 and 70 years old with respect to:

1) self-reported use of aspirin at one-month

2) lower mean decisional conflict at one-month

4) self-reported changes in other behaviours to reduce the risk of CRC (e.g., dietary, quitting smoking, or having a screening test for CRC).

Primary hypotheses

There are two primary hypotheses:

1) The first null hypothesis is that there is no difference on informed decision-making at one-month for general practice patients between 50 and 70 years old who receive the EFT-based decision aid, used in health consultation and general CRC prevention information.

2) The second null hypothesis is that there is no difference in aspirin uptake at six-months for general practice patients between 50 and 70 years old who receive the EFT-based decision aid, used in health consultation and general CRC prevention information.

Trial methods

The teletrial methods included calling patients who were scheduled to see their general practitioner (GP) on the day or following day, and if interested, we checked their eligibility over the phone, and then invited them to participate in the trial either in the clinic via face-face or online via a Zoom appointment. Figure 1 shows the CONSORT diagram for the trial recruitment.

Sample size

For 80% power and a Bonferroni adjusted 2-sided alpha level of 2.5% to account for the two co-primary outcomes [29], we required 258 participants (129 per arm) to detect a minimum 20% difference, as decided on by the trial steering committee. Further justification for the sample size can be found in the study protocol.

Eligibility criteria

Participants were eligible if they were: i) aged between 50 and 70 years old and had an appointment with their GP on the day of recruitment or on the following day ii) were able to read and understand written English, and iii) competent to give informed consent.

General Practice clinics were recruited for the trial. The inclusion criteria for the clinic were that they had at least three full-time GPs and were not a COVID-19 testing clinic. The aim was to recruit a population of participants which were representative of the Victorian population in socio-economic status and education, so recruiting from regional Victoria was imperative. Detailed exclusion criteria and inclusion and exclusion criteria can be found in the protocol.

Consent and recruitment

All GPs and patient participants provided either written or electronic consent to participate in the trial. GPs consented to us approaching their patients while patients consented to being randomised into the trial and either received the intervention or control.

Two research assistants (RAs) at a time worked together to recruit the participants from six general practice clinics around Victoria, Australia. Participant recruitment commenced from 12th October 2020 was completed on 22nd April 2021. Participants were followed up after one and six-months which was completed on 26th May 2021 and 23rd November 2021, respectively. Participants received automatic reminders to complete the follow up questionnaires if they opted into receiving them via email. Follow up reminders were given to all participants over the phone by a third research assistant who was blinded to the intervention.

Baseline characteristics and outcomes

Screening and baseline data collection

At screening, the total number of participants approached, whether they were eligible, reasons for not meeting eligibility criteria, as well their age and sex were recorded. Participant demographic characteristics were captured at baseline. We asked for participants' age, gender (male, female, or variations of sex characteristics), home postcode, country of birth, education (never completed high school, high school only, TAFE or similar, or University degree or higher), how many medications they are taking, their living arrangements as whether they live alone (yes or no), and languages spoken at home. Participants' postcodes of residence at baseline will be linked with the Socio-Economic Indexes for Areas (SEIFA) Index of Relative Socio-economic Advantage and Disadvantage (IRSAD) from the Australian Bureau of Statistics (3) to describe the socio-economic status of the study sample. This IRSAD ranks all postcodes in Australia into index scores are based on an arbitrary numerical scale of both advantage and disadvantage, then divides them into deciles, one being the most disadvantaged in socio-economic status, 10 the most advantage and disadvantage in terms of people's access to material and social resources, and their ability to participate in society.(4) The IRSAD will be recoded, in STATA 17, from 10 to five deciles to show the diversity of socio-economic status of the sample. Country of birth will be dichotomised into either born in Australia or born overseas.

Participants' cardiovascular disease risk factors will be self-reported by answering the following questions (yes, no, or unsure): a family history of heart attack, angina, or stroke; a personal history of diabetes; medication for high blood pressure; personal history of high cholesterol; and a personal history of smoking cigarettes. Similarly, participants' CRC

familial risk will be self-reported by answering the following (yes, no, or unsure): a family history of CRC (parent, brother, sister, children) diagnosed before 55 years old, and more than one relative who had CRC at any age (parents, children, brothers, sister, grandparents, aunts, uncles, nieces, nephews, and grandchildren).

The Subjective numeracy scale (SNS) is a self-reported, validated (5) measure about preferences for numerical versus prose information and perceived ability to perform mathematical tasks. It is an eight-item scale, with four questions asking participants to assess their numerical ability and four questions asking them to state their preference for numerical or probabilistic information. Each item is rated on a six-point Likert scale. The eight items included in the subjective numeracy scale can be found in box 1. To calculate a total score, each item's score is summed then divided by eight for an average, the total number of questions (after reverse coding the "seventh question), with the total score range from one to six. A larger score indicates a higher subjective rating of numeracy abilities and preferences.

Box 1: Items of the numeracy scale (6)

loing the following	owing question: g things:	s, please check	the box that best	reflects how go	ood you are at
1. How good	are you at workin	g with fractions?			
1	2	□ 3	□ 4	5	G
Not at all good					Extremely good
2. How good	are you at workin	g with percentage	es?		
□ 1	2	3	□ 4	5	□ 6
Not at all good				-	Extremely good
3. How good	are you at calcula	ating a 15% tip?			
			$\Box I$		
Not at all good	u 2	U 0		30	Extremely good
4. How good	are you at figuring	g out how much a	shirt will cost if it	is 25% off?	
□ 1	2	□ 3	□ 4	5	□ 6
Not at all good					Extremely good
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For each of the foll When reading t 1 Always prefer words	owing question: he newspaper, ho	s, please check to be helpful do you	the box that best find tables and gr	reflects your a aphs that are pa	nswer: Irts of a story? 6 Always prefer numbers
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Outcomes

Outcomes were measured at baseline before randomisation and one and six-months after randomisation. Two co-primary outcomes will be assessed for the trial.

The **first co-primary outcome** is the difference in the proportion between the study arms of participants who made an informed decision about taking aspirin at one-month measured using the Multidimensional Measure of Informed Choice (MMIC). (7)

Multi-dimensional measure of informed choice

An informed choice is one where all the available information, as presented in the decision aids about aspirin chemoprevention is weighed up and used to inform the final decision; participants' choice should be consistent with their attitude.(8)

The MMIC consists of three domains: 1) the participant's <u>knowledge</u> of the aspirin advice covered that was delivered as part of the intervention at baseline; 2) their <u>attitudes</u> toward taking aspirin (positive or negative) and; 3) their <u>behaviour</u> as to whether they decided to take aspirin at one-month. Informed choices are those of participants who had sufficient knowledge and an attitude about taking aspirin which was consistent with their behaviour. Other choices, for example where participants show inadequate knowledge and/or their choice to take aspirin is not consistent with their attitude, are defined as uninformed.

1. Knowledge score

The knowledge score consists of 12 items, 11 statements that require a true, false, or unsure response and one open ended item (see Box 2). Participants receive one point for every correct answer for the 11 items, and one point each (up to four points total) for each correct response to the open-ended question. All unsure responses of participants will be coded as an incorrect answer, which would be consistent with the participant having inadequate knowledge for the item. All responses left blank from the open-ended item will be coded as incorrect reflecting the participant having insufficient knowledge.

The items are summed to provide a total knowledge score ranging between zero to 15, with higher scores indicating greater knowledge. This total score will be dichotomised as sufficient knowledge for an informed choice or not based on a cut-off that will be set according to the Angoff (9) method. This method entails a panel of subject matter experts (from the authors: JM, FM, PC and JE) work through each knowledge item independently and decide a cut-off score for each.

The Angoff methods requires each subject matter expert to independently imagine 100 minimally competent individuals completing the 12 knowledge items and then estimate how many of these 100 individuals (*n*) would answer each item correctly. After the individual scoring of the knowledge items, the subject matter experts will then openly negotiate the scoring for each item and will have the opportunity to change their score if there is too much variation compared to the others' scoring. A minimum passing level (MPL) will be decided on for each knowledge item and the cut-off score for the overall scale will be decided by the methods outlined in the following example. *Subject matter expert A* independently estimates that, of the hypothetical 100 minimally competent individuals, 50 would answer item one correctly, 20 item two, 70 item three and so on for all 12 items. The MPL for *subject matter expert JM* (MPL_{JM}) = (0.5 + $0.2 + 0.7 + \cdots x_{15}$)/15 × 100 = JM%. Similarly, for *subject matter expert* FM, PC, and JE, the MPLs are FM%, PC%,

JE% respectively. The MPL (cut-off score) for the examination = (JM% + FM% + PC% + JE%). See appendix 1 for the cut-off score calculations.

Box 2: Items for the knowledge domain of the MMIC

Now we would like to ask you some questions about taking aspirin to reduce your chances of getting various conditions. For the following statements, please state whether they are true, false, or unsure. The last question has four possible correct responses.

- 1. Taking aspirin daily can increase my risk of bleeding
- 2. Taking aspirin daily can increase my risk of dementia
- 3. Taking aspirin daily can reduce my risk of heart attacks and strokes
- 4. Taking aspirin daily can reduce my risk of bowel cancer
- 5. People who have had angina or a heart attack should consider taking aspirin
- 6. People who have had a stomach ulcer should consider taking aspirin
- 7. People who have several close relatives with bowel cancer should consider taking aspirin
- 8. Healthy people aged 50-70 years should consider taking aspirin
- 9. Aspirin reduces my chance of bowel cancer if I take it daily for at least a year
- 10. Aspirin reduces my chance of bowel cancer if I take it daily for at least $2\frac{1}{2}$ years.
- 11. Aspirin doesn't have any effect on my chance of getting bowel cancer
- 12. The open-ended item is, what are the common side effects of aspirin? Please list as many as you can.

2. Attitude score

The attitude score consists of four items with responses in the format of a seven-point Likert scale. The total score will be dichotomised as either reflecting a positive or negative attitude towards taking aspirin. Participants are asked whether, for them, taking aspirin to reduce their risk of bowel cancer is a: beneficial or harmful, b: important or unimportant, c: a good thing or bad thing, and d: pleasant or unpleasant. The 7-point Likert scale spans across each dichotomous option for each item, e.g. for the first item, 1=very beneficial, 2=quite beneficial, 3=slightly beneficial, 4=neither beneficial nor harmful,5= slightly harmful, 6=quite harmful, or 7=very harmful. See Box 3, for a visual of attitude scale. Each item's response is summed to give a total score, ranging from four to 28, higher scores reflecting more negative attitudes. A positive attitude will be coded if the total score ranges from four to 15, and negative attitudes will be those ranging from 16 to 28. A score of 16 would reflect a neutral attitude and will be coded as a negative attitude for this study.(10)

3. Behaviour

Behaviour is based on the self-reported regular adherence to daily aspirin (i.e., taken five or more out of seven days in a week) at one month. Participants can answer with one of the following three responses (yes, I am currently taking aspirin, I started then stopped taking aspirin, and no, I haven't taken aspirin in the last month). Behaviour will be coded as binary response as either yes or no to whether they decided to take aspirin at one-month. Participants who respond "not taken aspirin in the last month" or "started and then stopped" will be coded as not having adhered to daily aspirin use.(11).

4. Combining the MMIC domains

Table 2 shows how knowledge and attitude scores from the MMIC and the participant's behaviour in taking aspirin or not are coded as informed and uninformed choices, adapted from Marteau et al. (12), Participants' choices to take aspirin

will be categorised into either informed or uninformed according to the following matrix and shown in table 2: if their knowledge, having a positive or negative attitude about aspirin, and behaviour to take aspirin or not, align. All domains are dichotomised for statistical analysis and data are triangulated as Participants can make an informed choice to not take aspirin as well if they have sufficient knowledge and their attitude is negative.

Similar to the behaviour component of the MMIC mentioned above, the **second co-primary outcome** is the difference between the two-study arms in the proportion of participants who self-report regular adherence to daily aspirin (i.e., taken five or more out of seven days in a week) at six months. Participants can answer with one of the following three responses (yes, I am currently taking aspirin, I started then stopped taking aspirin, and no, I haven't taken aspirin in the last month). Participants who respond "not taken aspirin in the last month" or "started and then stopped" will be coded as not having adhered to daily aspirin use.(11)

Secondary outcomes include the difference between the study arms in:

- 1) Mean decisional conflict was measured using the Decisional Conflict Scale (DCS) (13) at one month. Participants were asked their preference out of four choices to reduce their risk of bowel cancer (change my diet, take aspirin, do the bowel cancer screening test or unsure) and answer the decisional conflict questions in response to their preference. The scale consists of 16 items, with three sub-domains: 1) participants' uncertainty about making a health-related decision; 2) factors that contribute to uncertainty and; 3) participants' perception of how well they came to their final decision.(10) The Decisional Conflict score (range from zero to 100), is calculated as the average of the 16 items scored on a five-point Likert scale (0=strongly disagree, 1=agree, 2=neither, 3=disagree and 4=strongly agree) and multiplied by 25, where 0 indicates no decisional conflict and 100 indicates extremely high decisional conflict. If two or more of the DCS items are left unanswered or are missing, the total will be missing for the participant otherwise the missing responses will be substituted with the mean responses of the completed items. The DCS has been widely used in the evaluation of decision aids. (14) The test-retest correlation coefficient was 0.81. (15) Internal consistency was high, with alpha coefficients ranging from 0.78 to 0.92 for the total scale which shows that after administering the DCS twice over a period of time to a group of individuals their scores were similar at each timepoint.
- 2) Proportion for each of the following additional behaviours to reduce risk of CRC. At one- and six-months participants are asked whether they have done any of the following things to reduce their chances of getting bowel cancer since they joined the study: made changes to their diet, talked to their GP about quitting smoking, quit smoking, discussed with their GP screening for CRC by faecal occult blood test (FOBT) or colonoscopy, completed screening for CRC by FOBT or colonoscopy or, talked to their GP about taking aspirin. The response to each of the items will be coded as 1=Yes and 0=No and missing if they do not provide a response.
- Proportion of participants who self-reported regular adherence to daily aspirin (i.e., taken five or more out of seven days in a week) at one month using the same measure as for the primary outcome at six-months. (Described above)
- 4) Proportion of participants who had a consultation with their general practitioner between baseline and six months. The information will be collected by researcher SM who is blinded to participant allocation from an audit of general practitioner medical records for each participant enrolled in the trial. The potential degree of contamination between the study arms will assessed by measuring general practitioner discussions about aspirin.

Other descriptive measures

- Participants who answered "yes" or "started then stopped taking aspirin" to the questions about aspirin adherence were asked additional information about the dose of aspirin they were taking (100 mg/300 mg/other); their reasons for taking aspirin (reduce risk of heart attack, reduce risk of stroke, reduce my risk of bowel cancer), or other reasons for taking aspirin which they could give with an open-ended response. At six-months participants were asked the reasons why they did not take aspirin or why they stopped taking aspirin.
- At six-months participants are asked whether they experienced any of the following side-effects from taking aspirin and could select one or more of the following: nausea, easy bruising, indigestion, bleeding, or any others. If participants select other, they typed or wrote other side-effects they experienced.

Data collection and management

Data management and workflow

Data will be prepared for analysis by the data analyst at the end of the six-month follow up period on 23rd November 2021. The data analyst, blinded to trial arm allocation, will export a de-identified CSV file from REDCap and then import it into Stata 17, (16), for data processing and statistical analysis. The senior trial statistician will ensure the data analyst remains blinded to the study arms by recoding and removing labels of the randomisation variable in the dataset. Data management tasks include checking that the values are within range and dichotomised or categorised when appropriate, renaming variables, re-labelling variables, creating composite variables when appropriate, and deleting any unnecessary variables. If any errors are found in the data, these will be corrected to as a part of the data cleaning process. Throughout the data processing and analysis, the trial statisticians will work closely with the data analyst to cross check the data, coding and analysis methods used. The data cleaning STATA 17 do file can be found in appendix 2. De-identified data will be stored on the University server for future use in accordance with the University of Melbourne's Research Integrity and Misconduct Policy (MPF1318).(17)

Plans for assessment and collection of outcomes

The research assistant will capture in the REDCap database the number of participants who were ineligible, reasons for not meeting eligibility criteria, as well their age and sex. Participants complete a baseline questionnaire which is administered by a research assistant (LB or NK) prior to randomisation and entered directly into the REDCap trial database, in a private consultation room or via Zoom. One and six-month follow up questionnaires for the patient-reported outcome measures will be sent to each participant and completed by either text, email, over the phone by an RA who is not involved in recruitment or by receiving a paper copy in the post depending on their stated preference at baseline. Participants who opted to receive follow-up questionnaires by text or email will receive two automated text or email reminders to complete the questionnaires after three and six days and then a phone call reminder by a blinded RA after nine days. Participants who opted to receive follow up questionnaires by post will be reminded by phone to return them ten days after they are posted. If the participant does not have a phone number, we will repost the questionnaire with a reminder note attached, two after they are posted.

Statistical methods

Statistical analyses will be conducted at the end of the six-month data collection period and will commence after the Statistical Analysis Plan has been uploaded to the Australian and New Zealand Clinical Trials Registry. Blinded analysis will be start mid-May 2022. The preliminary results will be presented at an investigator meeting early July for a blinded review and interpretation. A draft report of the findings two co-primary outcomes will be submitted to the Victorian Cancer Agency end of July 2022. The results may be submitted to a peer-reviewed journal article for publication and presented at conferences both nationally and internationally, pending approval from the funding body, the Victorian Cancer Agency. All analyses will be conducted using Stata 17.(16)

Descriptive analysis

A flow chart will be created to show the flow of participants from screening to six-months of follow up see figure 1 for the template. The flowchart will show the number of participants approached in the general practices, the number who declined participation in the trial, the recruitment rate including the number of people screened, the attrition rates and the number of participants randomised into each study arm and follow up rates at both one and six-months.

Data collected at screening will be used to describe the number of participants who were ineligible, the reasons why they were not eligible for the trial, their age and sex.

Attrition rates and number of participants who completed the follow up questionnaires at one and six-months, by study arm, will also be reported. When such information is available, the reasons participants withdrew or lost to follow up will be reported by study arm.

Descriptive statistics will be used to compare baseline participant demographic characteristics between the two study arms and will be presented as frequencies and percentages shown in Table 1. These include participant demographic characteristics overall and by study arm, including their gender, socio-economic status, whether they were born in Australia or overseas, the aggregated number of medications they were taking, highest level of education attained, whether or not they were living alone, self-reported health measures for them and their family history of bowel cancer. Except for the subjective numeracy scale and age in years which will be presented as means with their standard deviation.

Counts and percentages for informed choices across all combinations of the three MMIC domains for all participants and by study arm will be presented, see Table 2.

To describe the missing data for the sample and for the co-primary outcomes, they will be summarised and presented as counts and percentages.

Primary analysis

All randomised participants will be included in the primary analysis in their assigned study arms in accordance with the intention-to-treat principle.(18)

Co-primary outcomes

- The difference in proportions (absolute measure) and odd ratio (relative measure) of participants who are taking
 regular aspirin at six months between the two study arms will be estimated using a generalised linear model with
 the identity link function and binomial family (where appropriate) and logistic regression, respectively. Both
 regression models will be adjusted for GP clinic, brochure type based on sex (male or female) and mode of trial
 delivery (face-to-face or teletrial) included as covariates.
- 2) As above, the difference in the proportion and odds ratio of participants who make an informed choice about taking aspirin at one month between the two study arms will be estimated using generalised linear model with the identity link function and binomial family (where appropriate) and logistic regression, respectively. General practice, self-selected male or female decision aid and mode of trial delivery (face-to-face or teletrial) will be included as covariates in the regression models.

For the primary analysis multiple imputation will be used to handle incomplete data for the co-primary outcomes, as the co-primary outcome data are collected at one and six-months some responses in the questionnaires may be incomplete. We will impute 50 datasets for the co-primary outcomes using chained equations to generate imputed data. Datasets will be imputed at either the component or by each scale or measure, or at the composite level depending on the patterns of missing data, if they are missing at random or missing completely at random. In addition to the co-primary outcomes measured at other time points, the imputation model will include selected baseline variables (study arm status, age, face-to-face versus teletrial, brochure type (male/female), cardiovascular risk, family history of bowel cancer, number of medications, and Socio-Economic Indexes for Areas (SEIFA) based on participants' postcode of residence. The multiple imputation model will also include the secondary outcomes included in Table 3. Estimands of interest (that is, mean differences, odds ratios) and their standard errors will be combined using the methods originally outlined by Rubin (19).

Estimates of the between-arm difference in proportions and odds ratios for the co-primary outcomes will be reported with Bonferroni adjusted 95% confidence intervals, and the p-value estimated using the logistic model (see Table 3), together with the counts and percentages for each outcome by study arm.

Secondary outcomes

For the secondary binary outcomes presented in Table 3 and 4, we will use logistic regression to estimate the odd ratio, and (if appropriate) use generalised linear model with the identity link function and binomial family to estimate the between-arm difference in proportions for these outcomes. For the outcomes in Table 4, which are measured at two points (1 month and 6 months), we will use generalised estimating equation with robust standard errors to allow for the correlation of repeated outcomes on the same individual. The between-arm difference in means for the decisional conflict scale will be estimated using linear regression. All regression analyses will be adjusted for the randomisation stratification factors including general practice, sex, and mode of trial delivery (face-to-face or teletrial). The estimated intervention effect will be reported as the odds ratio and between-arm difference in proportions as appropriate for binary outcomes and the difference in means between the intervention and control arms for continuous outcomes. Missing values and incomplete data will be imputed as described above.

Estimates for secondary outcomes will be reported with respective 95% confidence intervals and p values with no adjustments for multiplicity(20).

Sensitivity analysis

We will perform two sensitivity analyses for the co-primary outcomes to assess the robustness of our results from the primary analysis and to account for missing data.

- 1. The first sensitivity analysis includes specifying a different method for the imputation model than what was used in the primary analysis. If we choose to impute data at the composite level, the data will be imputed at the component level for the sensitivity analysis, and vice versa.
- 2. The second sensitivity analysis will be conducted as a complete case analysis for the co-primary outcomes which would be done following the same methods outlined for the primary analysis above, but the cases with missing data will be excluded.

A sensitivity analysis will be performed on the primary and secondary outcomes to adjust for additional pre-specified baseline variables in the regression models. These include age in years, sex and family history of colorectal cancer, cardiovascular disease risk and subjective numeracy scores.

For the co-primary outcomes, the proportion of participants who are taking regular aspirin at six months and the proportion who have made an informed decision about taking aspirin at one-month, we will use a pattern mixture model to assess the robustness of the missing data assumption. The analysis to assess robustness of missing data assumption may be repeated, as appropriate, for the secondary outcomes.

Sub-group analysis

Exploratory sub-group analyses are planned to identify differences in intervention effects on the co-primary outcomes for participants by face-to-face versus teletrial, brochure type (male/female), cardiovascular risk, family history of bowel cancer, number of medications, and Socio-Economic Indexes for Areas (SEIFA) based on participants' postcode of residence and education (4). The estimated effects will be reported as the odds ratio for binary outcomes and the difference in means between the intervention and control arms for continuous outcomes. No corrections will be made for multiple testing.

Interim analysis

We do not plan to conduct an interim analysis for this trial.

Adherence adjusted analysis

In the protocol it was specified that an adherence adjusted analysis would be conducted for the two co-primary outcomes using a complier average casual effect (CACE) analysis. This analysis will no longer be required as there was no noncompliance as everyone received the intervention as intended. Participants were unable to discontinue the intervention as it was provided immediately post randomisation and for this study, we did not give them aspirin to take.

Tables and Figures



Figure 1. Baseline characteristics of participants according to study arm, in total and stratified by intervention and control arms.

Box 3. Snapshot from SITA trial participant 1-month follow up questionnaire attitude questions which is a part of the multi-dimensional measure of informed choice

For	For me, taking aspirin to reduce my bowel cancer risk is:								
		VERY	QUITE	SLIGHTLY	NEITHER	SLIGHTLY	QUITE	VERY	
a)	Beneficial	1	2	3	4	5	6	7	Harmful
b)	Important	1	2	3	4	5	6	7	Unimportant
c)	Good thing	1	2	3	4	5	6	7	Bad thing
d)	Pleasant	1	2	3	4	5	6	7	Unpleasant

	All participants	Intervention	Control
Age (years), mean (SD)	mean (SD)	mean (SD)	mean (SD)
Gender	n(0/)	n(9/2)	p(0/)
Female	$n (\frac{9}{6})$	n (%)	$n (\frac{9}{6})$
Variations of say characteristics	$n (\frac{9}{6})$	n(70)	n(70)
*IRSAD Socio Economic status	II (70)	n (70)	II (70)
Disadvantaged 1	n (%)	n (%)	n (%)
Disudvanaged 1	n (%)	n(70)	n (%)
3	n (%)	n(70)	n (%)
4	n (%)	n (%)	n (%)
Advantaged 5	n (%)	n (%)	n (%)
Country of birth	II (70)	n (/ 0)	n (70)
Australia	n (%)	n (%)	n (%)
Overseas	n (%)	n (%)	n (%)
Current medications	- ()	()	- ()
None	n (%)	n (%)	n (%)
One	n (%)	n (%)	n (%)
Two to three	n (%)	n (%)	n (%)
More than five	n (%)	n (%)	n (%)
Education	× /		
Never completed high school	n (%)	n (%)	n (%)
Completed high school only	n (%)	n (%)	n (%)
TAFE qualification or similar	n (%)	n (%)	n (%)
University degree or higher	n (%)	n (%)	n (%)
Living alone			
Yes	n (%)	n (%)	n (%)
Languages spoken at home			
English	n (%)	n (%)	n (%)
Other	n (%)	n (%)	n (%)
Subjective numeracy score	mean (SD)	mean (SD)	mean (SD)
Cardiovascular disease risk			
Family history of heart attack or stroke			
Yes	n (%)	n (%)	n (%)
No	n (%)	n (%)	n (%)
Unsure	n (%)	n (%)	n (%)
Personal history of diabetes			
Yes	n (%)	n (%)	n (%)
Taking medication for high blood pressure			
Yes	n (%)	n (%)	n (%)
Personal history of high cholesterol			
Yes	n (%)	n (%)	n (%)
Bowel cancer risk			
Family history of bowel cancer			
Yes	n (%)	n (%)	n (%)

Table 1. Descriptive statistics of baseline characteristics for all participants and by study arm.

Notes: SD = Standard deviation, sub-categories may be collapsed in final table published. *The Index of Relative Socioeconomic Advantage and Disadvantage (IRSAD)

	Sufficient knowledge	Positive attitude	Taking aspirin	Overall	Intervention	Control
All possible						
informed choices						
1	\checkmark	\checkmark	\checkmark	n (%)	n (%)	n (%)
2	\checkmark	Х	Х	n (%)	n (%)	n (%)
All possible uninformed choices						
3	\checkmark	Х	\checkmark	n (%)	n (%)	n (%)
4	\checkmark	\checkmark	Х	n (%)	n (%)	n (%)
5	Х	\checkmark	\checkmark	n (%)	n (%)	n (%)
6	X	Х	\checkmark	n (%)	n (%)	n (%)
7	X	\checkmark	Х	n (%)	n (%)	n (%)
8	X	Х	X	n (%)	n (%)	n (%)

Table 2. Number and percentage of participants who had sufficient knowledge, a positive attitude and whether they decided to take aspirin or not, which are the three domains of the MMIC, in the SITA trial.

Notes: Difference in proportions between the two arms

Table 3. Co-primary outcomes and secondary outcomes by study arm for the SITA trial.

	Intervention	Control	Estimated effect size			
Number of participants	n	n				
Co-primary , self-reported daily aspirin at 1-month ¹ Sensitivity analysis ² Sensitivity analysis ³ Sensitivity analysis ⁴	n (%)	n (%)	Difference (95% CI) Difference (95% CI) Difference (95% CI) Difference (95% CI)	Odds ratio (95% CI) Odds ratio (95% CI) Odds ratio (95% CI) Odds ratio (95% CI)	p-value p-value p-value p-value	
Co-primary , informed choice about taking aspirin at 1- month Sensitivity analysis ² Sensitivity analysis ³ Sensitivity analysis ⁴	n (%)	n (%)	Difference (95% CI) Difference (95% CI) Difference (95% CI) Difference (95% CI)	Odds ratio (95% CI) Odds ratio (95% CI) Odds ratio (95% CI) Odds ratio (95% CI)	p-value p-value p-value p-value	
Secondary Outcomes						
Decisional conflict scale ¹	Mean (SD)	Mean (SD)	Mean Difference (95% CI)	Mean Difference (95% CI)	p-value	
Self-reported daily aspirin at 6-months ¹	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value	
GP record audit, spoke to GP about taking aspirin ¹	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value	

Notes: Difference – Difference in percentages between the arms; SD = Standard deviation; CI = Confidence interval.

Estimated using multiple imputation
 Sensitivity analysis using alternative Missing Imputation model

3 Sensitivity analysis with complete cases only

4 Sensitivity analysis adjusted for age, family history of bowel cancer, subjective numeracy scores

		Intervention	Control	Estimated effect size		
		n	n			
Behaviours to reduce bowel cancer r	isk					
Changes to their diet						
	1 month	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
	6 months	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
Spoke to GP about quitting smoking						
	1 month	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
	6 months	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
Quit smoking						
	1 month	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
	6 months	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
Spoke to GP about screening for bowel FOBT	cancer by					
	1 month	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
	6 months	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
Completed FOBT test	•		()			r
1	1 month	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
	6 months	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
Spoke to GP about screening for bowel colonoscopy	cancer by	((-)	()			L
1.2	1 month	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
	6 months	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
Had a colonoscopy						
	1 month	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
	6 months	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
Spoke to GP about taking aspirin						
	1 month	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value
	6 months	n (%)	n (%)	Difference (95% CI)	Odds ratio (95% CI)	p-value

Table 4. Participant self-reported changed behaviours at 1-month and 6-months by study arm in the SITA trial.

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Authors' contributions

JE conceived of the study and developed the initial trial design. SM, JM, FM, PC, LT, MJ, FMW, NT, LB, SS, NK, KN, CF, JMG, KB, SW, SM, GF, JM, MS contributed to the study design. JE, MJ, LT, FW, FM, JM, SS, PC, and SM are the grant holders. PC and RW provided statistical expertise for the statistical analysis of the SAP. All authors contributed to refinement of the study protocol and approved the final manuscript

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Ethics approval and consent to participate

We have obtained ethics approval through the University of Melbourne's Medicine and Dentistry Human Ethics Sub-Committee 2056513.

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Appendices

Appendix 1. The Angoff Method

Angoff Method for knowledge items of MMIC (SITA trial)

Each of four judges considers 100 minimally competent individuals taking an examination of 11 items. Can a person with minimal competence answer the item correctly?

Now we would like to ask you some questions about taking aspirin to reduce your chances of getting various conditions. For the following statements, please state whether they are true or false.

					JE	ЈМ	FM	PC
1	Taking aspirin daily can increase my risk				60	60	70	70
	of bleeding	True	False	Unsure				
2	Taking aspirin daily can increase my risk				30	20	20	30
	of dementia	True	False	Unsure				
3	Taking aspirin daily can reduce my risk				70	70	80	70
	of heart attacks and strokes	True	False	Unsure				
4	Taking aspirin daily can reduce my risk				70	80	70	60
	of bowel cancer	True	False	Unsure				
5	People who have had angina or a heart				50	65	80	70
	attack should consider taking aspirin	True	False	Unsure				
6	People who have had a stomach ulcer				50	65	80	60
	should consider taking aspirin	True	False	Unsure				
7	People who have several close relatives				60	60	50	50
	with bowel cancer should consider	True	False	Unsure				
	taking aspirin							
8	Healthy people aged 50-70 years should				60	80	60	50
	consider taking aspirin	True	False	Unsure				
9	Aspirin reduces my chance of bowel				65	50	70	50
	cancer if I take it daily for at least a year	True	False	Unsure				
10	Aspirin reduces my chance of bowel				40	50	40	40
	cancer if I take it daily for at least 2 $^{1\!/}_{2}$	True	False	Unsure				
	years.							
11	Aspirin doesn't have any effect on my				70	50	80	60
	chance of getting bowel cancer	True	False	Unsure				
12	What are the common side effects of aspir	in?			50	65	50	50
	Please list as many as you can:				50	65	50	50
	Nausea, indigestion, easy bruising, bleed	ling			50	65	50	50
					50	65	50	50
	$(MPL_A) = (0.5 + 0.2 + 0.7 + \cdots xn)/n \times 10^{-10}$	0 = A%.			55	60.67	60	54
	$MPL_{JE} = (0.6 + 0.5 + 0.7 + 0.7 + 0.5 + 0.5$	+0.6+0	.6 + 0.65	+ 0.4 +	(55% +	60.67% +	- 60% +	
	0.7 + 2)/15 x 100 =				54%)/4			
	The MPL (cut-off score) for the examination	$\operatorname{on} = (A\%)$	6 + B% +	C% +	57.41			
	$D\% + E\% + \cdots N\%)/N$							
	Cut-off				15*0.57	41 = <mark>8.6</mark>		

```
SITA data cleaning for SAP - Printed on 19/05/2022 4:59:50 PM
```

```
**APPENDIX 2. STATA 17 - Data Cleaning Do-file codebook for the Should I Take
 1
     Aspirin? SITA trial
 2
 3
     //Opens the correct data file //
     use "\\research-cifs.unimelb.edu.au\5850-Research\CTU\CANCER SITA\Dataclean\SITA
 4
     data in STATA\SITA Data 239 variables includes non-participants.dta"
 5
 6
     /*use command pwd tells me STATAs current working directory or where it searches
     in my files to open the dataset*/
 7
     /* change working directory in file menu*/
 8
 9
     summarize
10
11
     /* save data as efficiently as possible */
12
     compress
13
14
     /*drop uncecessary variables*/
15
     drop mo gp data extraction complete datetime send consent confirm name ///
     baseline_data_timestamp month_fup_study_admin_complete ///
16
17
     month follow up questionnaire 65 consent pref middle name middle name ///
18
     date consent econsent timestamp app date app day app time paper consent ///
19
     econsent_complete randomisation_timestamp notes_1mo_ph_1
     month follow up questionnaire ti ///
     recording consent 2 recording consent crcn consent folup preference post resi ///
20
21
22
23
     /*drop participants who weren't randomised*/
24
     drop if randomisation complete==0
25
26
     /* rename and variables syntax: rename old varname new varname*/
27
     rename which_effect_6___0 se_nausea
28
     rename which_effect_6___1 se_bruising
29
     rename which_effect_6___2 se_indigestion
     rename which_effect_6___3 se_bleeding
30
31
     rename which effect 6 4 se other
32
33
     rename exp_side_effects___0 exp_se_nausea
     rename exp_side_effects___1 exp_se_bruising
34
     rename exp_side_effects___2 exp_se_indigestion
35
     rename exp_side_effects___3 exp_se_bleeding
36
37
     rename exp side_effects___4 exp_se_other
38
39
     rename symp_exp_gpn___0 se_nausea_gpn
40
     rename symp_exp_gpn___1 se_bruising_gpn
41
     rename symp_exp_gpn___2 se_indigestion_gpn
42
     rename symp_exp_gpn___3 se_bleeding_gpn
43
     rename symp_exp_gpn___4 se_other_gpn
44
45
     rename ppi type 1 ppi losec
46
     rename ppi_type___2 ppi_nexium
     rename ppi_type___3 ppi_pariet
47
     rename ppi_type___4 ppi somac
48
49
     rename ppi_type___5 ppi_zoton fastabs
```

```
SITA data cleaning for SAP - Printed on 19/05/2022 4:59:50 PM
```

```
50
51
    /* re-label and variables lab var varname "label" */
    lab var se nausea "Nausea side-effect"
52
    lab var se bruising "Bruising side-effect"
53
    lab var se indigestion "Indegestion side-effect"
54
    lab var se_bleeding "Bleeding side-effect"
55
    lab var se other "Other side-effect"
56
57
58
    lab var exp_se_nausea "Nausea side-effect experienced"
59
    lab var exp se bruising "Bruising side-effect experienced"
    lab var exp se indigestion "Indegestion side-effect experienced"
60
    lab var exp se bleeding "Bleeding side-effect experienced"
61
    lab var exp se other "Other side-effect experienced"
62
63
    lab var se_nausea_gpn "Nausea side-effect GP Notes"
64
    lab var se bruising gpn "Bruising side-effect GP Notes"
65
    lab var se indigestion gpn "Indegestion side-effect GP Notes"
66
67
    lab var se bleeding gpn "Bleeding side-effect GP Notes"
    lab var se_other_gpn "Other side-effect GP Notes"
68
69
70
    lab var ppis "Taking PPI yes or now"
    lab var ppi_losec "Lorsec PPI"
71
72
    lab var ppi nexium "Nexium PPI"
    lab var ppi_pariet "Pariet PPI"
73
    lab var ppi somac "Somac PPI"
74
75
    lab var ppi_zoton_fastabs "Zonton FastTabs PPI"
76
77
    lab var randomisation complete "0 incomplete 1 unverified 2 complete"
78
79
    *BLINDED
80
    label var randomise "Decision Aid or CRC borchure"
81
    recode randomise 1=0 2=1
82
    lab define randomise 0 Group A 1 Group B, replace
83
    tab randomise
84
85
    ******
    /* postodes SEIFA continuous and dichotomised into advantaged and disadvantaged*/
86
    87
    ******
88
    *change variable type to integer
89
    rename study id study id alph
    destring study id alph, generate(study id)
90
91
    drop study_id_alph
92
    *merge the SEIFA dataset with this one
93
    merge 1:1 study id using
94
    "\\research-cifs.unimelb.edu.au\5850-Research\CTU\CANCER_SITA\Dataclean\SITA data
    in STATA\SEIFA and postcodes.dta"
95
96
    *change variable type to integer
    recast int seifa
97
98
```

```
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```

```
99
     *close seifa so for the continuous addition to the table1 below
100
     clonevar seifa c = seifa
     label variable seifa_c "Socio-economic status (SEIFA)"
101
102
103
     *seifa from 10 to five quintiles
104
     recode seifa (1 \ 2 = 2)
     recode seifa (3 4 = 4)
105
     recode seifa (5 \ 6 = 6)
106
107
     recode seifa (7 \ 8 = 8)
     recode seifa (9 10 = 10)
108
     lab var seifa "SEIFA IRSAD Quintiles"
109
     label define seifa 2 "1 Disadvantaged" 4 "2" 6 "3" 8 "4" 10 "5 Advantaged", replace
110
     label values seifa seifa
111
     label list seifa
112
     tab seifa
113
114
     115
     116
     /*analyse Subjective Numeracy Scale, 6-point likert scales reported as odds ratios
     with 95% ci & p-values
117
     ******
118
     *Subjective numeracy scale
119
     Response values increase left to right (1-6).
120
     1= not at all good/ 6= extremely good
121
      Scoring is based on these values, except Question 7 is reverse coded (6-1) for
     consistency.
122
     SNS: Average rating across all 8 questions (w/ Q7 reverse coded) */
123
124
     *re-order predictions sns as it is reverse coded
125
     tab predictions sns
     recode predictions sns (0=5 "1. Always prefer percentages")(1=4 "2.")(2=3 "3.")(3=2
126
      "4.")(4=1 "5.")(5=0 "6. Always prefer words"), generate(weather sns r) label(
     weather sns r) test
     codebook weather sns r
127
128
129
     *recode all sns variables from 0-5 to 1-6
     recode fractions_sns (0=1)(1=2)(2=3)(3=4)(4=5)(5=6)
130
     label define fractions sns 1 "1. Not at all good" 2 "2." 3 "3." 4 "4." 5 "5." 6
131
     "6. Extremely good", replace
     label values fractions_sns fractions_sns
132
133
     codebook fractions sns
134
135
     recode percentage_sns (0=1)(1=2)(2=3)(3=4)(4=5)(5=6)
     label define percentage_sns 1 "1. Not at all good" 2 "2." 3 "3." 4 "4." 5 "5." 6
136
     "6. Extremely good", replace
     label values percentage_sns percentage_sns
137
138
     codebook percentage_sns
139
     recode tip sns (0=1)(1=2)(2=3)(3=4)(4=5)(5=6)
140
     label define tip sns 1 "1. Not at all good" 2 "2." 3 "3." 4 "4." 5 "5." 6 "6.
141
     Extremely good", replace
142
     label values tip sns tip sns
```

```
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```

```
143
     codebook tip sns
144
145
     recode shirt sns (0=1)(1=2)(2=3)(3=4)(4=5)(5=6)
     label define shirt_sns 1 "1. Not at all good" 2 "2." 3 "3." 4 "4." 5 "5." 6 "6.
146
     Extremely good", replace
     label values shirt_sns shirt_sns
147
148
     codebook shirt sns
149
150
     recode news sns (0=1)(1=2)(2=3)(3=4)(4=5)(5=6)
     label define news_sns 1 "1. Not at all good" 2 "2." 3 "3." 4 "4." 5 "5." 6 "6.
151
     Extremely good", replace
     label values news sns news sns
152
153
     codebook news sns
154
155
     recode words sns (0=1)(1=2)(2=3)(3=4)(4=5)(5=6)
     label define words_sns 1 "1. Not at all good" 2 "2." 3 "3." 4 "4." 5 "5." 6 "6.
156
     Extremely good", replace
     label values words sns words_sns
157
158
     codebook words sns
159
160
     recode weather_sns_r (0=1)(1=2)(2=3)(3=4)(4=5)(5=6)
     label define weather_sns_r 1 "1. Not at all good" 2 "2." 3 "3." 4 "4." 5 "5." 6
161
     "6. Extremely good", replace
     label values weather sns r weather sns r
162
163
     codebook weather sns r
164
165
     recode use sns (0=1)(1=2)(2=3)(3=4)(4=5)(5=6)
     label define use sns 1 "1. Not at all good" 2 "2." 3 "3." 4 "4." 5 "5." 6 "6.
166
     Extremely good", replace
     label values use sns use sns
167
168
     codebook use sns
169
170
     *gen newvariableneame = (fractions sns + percentage sns + tip sns shirt sns +
     news sns + words sns + weather_sns_r + use_sns)/8
171
     gen sns = (fractions sns + percentage sns + tip sns + shirt sns + news sns +
     words sns + weather sns r + use sns)/8
     lab var sns "Subjective Numeracy Scale"
172
173
     codebook sns
174
     histogram sns //see the distribution
175
     176
     **********
177
     /*AUTOMATED TABLE 1- BASELINE CHARACTERISTICS*/
     178
     ******
     *Step 1 install the program ********
179
180
     ssc install table1 mc
181
     *Step 2 cob postcode oth med #meds from string variables to numeric *******
182
     destring postcode, generate(postcode n)
183
184
185
     *oth med: contains nonnumeric characters, so had to make following edits to remove
     words
```

```
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 186
        replace oth med = "5" in 42
        replace oth med = "30" in 71
 187
        replace oth med = "8" in 86
 188
        replace oth med = "10" in 9
 189
        replace oth med = "1" in 257
 190
        replace oth med = "4" in 83
 191
        replace oth_med = "5" in 73
 192
        replace oth_med = "10" in 95
 193
 194
        destring oth med, generate(no meds)
 195
        list no meds
 196
        *Step 3 label the variables********/
 197
        label list fem male broch
 198
       tab fem male broch
 199
        label variable fem male broch "Male or Female Decision Aid"
 200
 201
       tab fem male broch
        revrs fem male broch //reverse code this variable so its the same as sex in the
 202
        table
       tab revfem_male_broch
 203
 204
 205
        *dichotomizing language, then changing labels
 206
        label list language
 207
        recode language (2 3 4 5 6 7 8 9 10 11 12 13 = 1)
        label list language
 208
 209
        label define language 1 "Other" 0 "English", replace
 210
        tab language
 211
        label variable language "Language spoken at home"
 212
       tab language
 213
 214
        * collapse countries, dichotomize, then change labels
        encode cob, generate(cob_n)
 215
 216
        label list cob n
 217
        recode cob n (1 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 ///
        24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 = 1)
 218
        recode cob n (2 46 = 3)
 219
 220
        label define cob n 1 "Born overseas" 3 "Born in Australia", replace
 221
       tab cob n
 222
        tab cob n, nol
 223
 224
        label list living
 225
        label variable living "Living alone"
 226
       tab living
 227
       tab living, nol
 228
 229
       label list education
 230
       tab education
        label variable education "Education"
 231
 232
       tab education
 233
       tab education, nol
 234
 235
       tab no meds, miss
 236
        label variable no meds "Number of tablets taking, excluding vitamins"
        recode no meds .=0 1/1.5 = 1 2/3 = 2 4/5 = 3 5.5/max = 4, generate(med_cat)
 237
```

```
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```

```
238
     tab med cat
     label define med cat 0 "None" 1 "One" 2 "Two to three" 3 "Four to five" 4 "More
239
     than five", replace
240
     label values med cat med cat
241
     label variable med cat "Number of tablets taking, excluding vitamins"
242
     tab med cat
243
244
     codebook heart attack
245
     label variable heart_attack "Family history of heart attack or stroke"
246
     tab heart attack
247
248
     codebook cholesterol
249
     label variable cholesterol "Personal history of high cholesterol"
     tab cholesterol
250
251
252
     codebook blood pressure
253
     label variable blood pressure "Taking medication for high blood pressure"
254
     tab blood pressure
255
256
     codebook diab
     label variable diab "Personal history of diabetes"
257
258
     tab diab
259
260
     codebook fdr
261
     label variable fdr "Family history of bowel cancer"
262
     tab fdr
263
264
     codebook cig
265
     label variable cig "Current or history of smoking cigarettes"
266
     tab cig
267
     *Step 4 read details of generating the baseline table1 mc
268
269
     // example code: table1 mc, by(foreign) vars(price conts \ price contln %5.0f
     %4.2f \ weight contn %5.0f \ rep78 cate \ much headroom bine)
270
271
     table1 mc, by(randomise) vars( enrolage contn %5.1f \ sex recruit cat %5.0f \
     revfem_male_broch cat %5.0f \ ///
     education cat %5.0f \ language cat 5.0f \ cob_n cat %5.0f \ seifa c contn %5.1f
272
     seifa cat %5.0f ///
273
     living bin %5.0f \ sns contn %5.1f \ ppis cat %5.0f \ med cat cat %5.0f \
     heart attack cat %5.0f \ cholesterol cat %5.0f ///
     \ blood pressure cat %5.0f \ cig cat %5.0f \ fdr cat %5.0f ) nospace percent n
274
     onecol total(before) ///
     saving (
275
     "\\research-cifs.unimelb.edu.au\5850-Research\CTU\CANCER SITA\Dataclean\SITA data
     in STATA\table 1.xls", replace)
276
     277
     *****
     *First co-primary outcome Multi-dimensional measure of informed choice - MMIC
278
     279
     *****
     * co-primary MMIC knowledge - 12 true/false/unsure 1-open ended - dichotomise
280
```

```
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        codebook aspirin sidee bleed risk dementia risk heart stroke risk crc risk
 281
        heart consider ulcer consider fam consider health consider year crc
        twohalf year crc no chance crc
 282
 283
        rename bleed risk knowledge1
 284
        rename dementia risk knowledge2
 285
        rename heart stroke risk knowledge3
 286
        rename crc risk knowledge4
 287
        rename heart consider knowledge5
 288
        rename ulcer consider knowledge6
        rename fam consider knowledge7
 289
 290
        rename health consider knowledge8
 291
        rename twohalf year crc knowledge9
        rename year crc knowledge10
 292
 293
        rename no chance crc knowledge11
 294
        rename aspirin sidee knowledge12
 295
 296
        codebook knowledge1 knowledge2 knowledge3 knowledge4 knowledge5 knowledge6
        knowledge7 knowledge8 knowledge10 knowledge9 knowledge11
 297
 298
        *knowledge12 is a string and needs to be recoded in excel- possible open-ended
        answers nausea, indigestion, easy bruising, bleeding
 299
        br knowledge12
 300
 301
        *merge 1:1 study id using
        "\\research-cifs.unimelb.edu.au\5850-Research\CTU\CANCER SITA\Dataclean\SITA data
        in STATA\SEIFA and postcodes.dta"
 302
 303
        rename _merge _merge2
 304
        merge 1:1 study id using
        "\\research-cifs.unimelb.edu.au\5850-Research\CTU\CANCER SITA\Dataclean\SITA data
        in STATA\knowledge12.dta"
 305
        codebook knowledge nausea knowledge indegestion knowledge bruising
        knowledge bleeding
 306
        rename knowledge12 knowledge12 text
 307
 308
        generate knowledge12 = (knowledge nausea + knowledge indegestion +
        knowledge bruising + knowledge bleeding)
        label variable knowledge12 "What are the common side effects of aspirin? Please
 309
        list as many as you can:"
 310
 311
        recode knowledge12 (0 = 1)(1 = 2)(2 = 3)(3 = 4)
        recast byte knowledge12
 312
        label define knowledge12 1 "Bleeding" 2 "Indegestion" 3 "Easy bruising" 4 "Nausea",
 313
        replace
 314
        lab val knowledge12 knowledge12
        codebook knowledge12
 315
 316
        *all correct answers for knowledge scale 1=True, 2=False, 3=True, 4=True, 5=true,
 317
        6=False, 7=True, 8=True, 9=False, 10=True, 11=False
        *recode unsure answers to be incorrect 0=True 1=False 2=Unsure
 318
 319
        recode knowledge1 (2 = 1) //reverse
 320
        recode knowledge2 (2 = 0)
```

```
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        recode knowledge3 (2 = 1) //reverse
 321
        recode knowledge4 (2 = 1) //reverse
 322
        recode knowledge5 (2 = 1) //reverse
 323
        recode knowledge6 (2 = 0)
 324
 325
        recode knowledge7 (2 = 1) //reverse
        recode knowledge8 (2 = 1) //reverse
 326
        recode knowledge9 (2 = 0)
 327
        recode knowledge10 (2 = 1) //reverse
 328
 329
        recode knowledge11 (2 = 0)
 330
        *reverse code knowledge items with true answers (knowledge1 knowledge3 knowledge4
 331
        knowledge5 knowledge7 knowledge8 knowledge10) so they get a point if they answer
        the item correctly
        *0=True 1=False
 332
        revrs knowledge1 knowledge3 knowledge4 knowledge5 knowledge7 knowledge8 knowledge10
 333
 334
 335
        *edit label values, from 1/2 to 0/1
        recode revknowledge1 1=0 2=1
 336
        label define revknowledge1 0 "Incorrect" 1 "Correct", replace
 337
 338
        lab val revknowledge1 revknowledge1
 339
       tab revknowledge1, nol
 340
 341
        recode revknowledge3 1=0 2=1
 342
        label define revknowledge3 0 "Incorrect" 1 "Correct", replace
 343
        lab val revknowledge3 revknowledge3
 344
 345
        recode revknowledge4 1=0 2=1
 346
        label define revknowledge4 0 "Incorrect" 1 "Correct", replace
 347
        lab val revknowledge4 revknowledge4
 348
 349
        recode revknowledge5 1=0 2=1
        label define revknowledge5 0 "Incorrect" 1 "Correct", replace
 350
 351
        lab val revknowledge5 revknowledge5
 352
 353
        recode revknowledge7 1=0 2=1
 354
        label define revknowledge7 0 "Incorrect" 1 "Correct", replace
 355
        lab val revknowledge7 revknowledge7
 356
        recode revknowledge8 1=0 2=1
 357
 358
        label define revknowledge8 0 "Incorrect" 1 "Correct", replace
 359
        lab val revknowledge8 revknowledge8
 360
 361
        recode revknowledge10 1=0 2=1
        label define revknowledge10 0 "Incorrect" 1 "Correct", replace
 362
 363
        lab val revknowledge10 revknowledge10
 364
        *edit value labels for other knowledge items that didn't need to be reverse coded
 365
 366
        label define knowledge2 0 "Incorrect" 1 "Correct", replace
        lab val knowledge2 knowledge2
 367
 368
 369
        label define knowledge6 0 "Incorrect" 1 "Correct", replace
 370
        lab val knowledge6 knowledge6
 371
```

```
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 372
       label define knowledge9 0 "Incorrect" 1 "Correct", replace
       lab val knowledge9 knowledge9
 373
 374
       label define knowledge11 0 "Incorrect" 1 "Correct", replace
 375
 376
       lab val knowledge11 knowledge11
 377
       codebook revknowledge1 revknowledge3 revknowledge4 revknowledge5 revknowledge7
 378
       revknowledge8 revknowledge10 knowledge2 knowledge6 knowledge9 knowledge11
       knowledge12
 379
       generate knowledge total 12 = (revknowledge1 + revknowledge3 + revknowledge4 +
 380
       revknowledge5 + revknowledge7 + revknowledge8 + revknowledge10 + knowledge2 +
       knowledge6 + knowledge9 + knowledge11 + knowledge12)
 381
 382
       recast byte knowledge total 12
       label variable knowledge total 12 "MMIC Knowledge Item"
 383
       codebook knowledge total 12
 384
 385
 386
       *Cut-off from Angoff Method was 57.41 meaning that participants had to get 57% of
       the 15 items or 8.6 items correct to have sufficient knowledge
 387
       *if mmic_knowledge >8.60 = "sufficient knowledge"
 388
 389
       sum knowledge total 12 if knowledge total 12>=8.60, detail
 390
       *if mmic knowledge <8.6 = "insufficient knowledge"</pre>
 391
       sum knowledge_total_12 if knowledge_total_12<8.6, detail</pre>
 392
 393
 394
       *generate new variable for knowledge dichotomised
 395
       recode knowledge total 12 0/8.599 = 0 8.6/max = 1, generate(knowledge dich 12)
 396
       label variable knowledge dich 12 "Knowledge dichotomised"
       label define knowledge dich 12 0 "Insufficient" 1 "Sufficient", replace
 397
       lab val knowledge dich 12 knowledge dich 12
 398
 399
       tab knowledge dich 12
       tab randomise knowledge dich 12
 400
 401
 402
       *a few more knowledge changes
 403
       label variable knowledge_total_12 "Total Knowledge"
       rename knowledge total 12 knowledge total
 404
 405
       406
       ******
       * co-primary MMIC attititude logistic regression, 7-point likert scale* -
 407
       dichotomise
       408
       *****
 409
       * 1=very beneficial, 2=quite beneficial, 3=slightly beneficial, 4=neither
       beneficial nor harmful,5= slightly harmful, 6=quite harmful, or 7=very harmful
 410
       codebook asp beneficial asp important asp bad asp pleasant
 411
 412
 413
       rename asp beneficial attitude1
 414
       rename asp important attitude2
 415
       rename asp bad attitude3
```

```
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```

```
416
      rename asp pleasant attitude4
417
418
      *recode all attitude variables from 0-6 to 1-7
      recode attitude1 (0=1)(1=2)(2=3)(3=4)(4=5)(5=6)(6=7)
419
420
      label define attitude1 1 "very beneficial" 2 "quite beneficial" 3 "slightly
      beneficial" ///
      4 "neither beneficial nor harmful" 5 "slightly harmful" 6 "quite harmful" 7 "very
421
      harmful", replace
422
      label values attitude1 attitude1
423
      codebook attitude1
424
      *recode all attitude variables from 0-6 to 1-7
425
426
      recode attitude2 (0=1)(1=2)(2=3)(3=4)(4=5)(5=6)(6=7)
      label define attitude2 1 "very important" 2 "quite important" 3 "slightly
427
      important" ///
      4 "neither important nor unimportant" 5 "slightly unimportant" 6 "quite
428
      unimportant" 7 "very unimportant", replace
      label values attitude2 attitude2
429
430
      codebook attitude2
431
432
      *recode all attitude variables from 0-6 to 1-7
433
      recode attitude3 (0=1)(1=2)(2=3)(3=4)(4=5)(5=6)(6=7)
      label define attitude3 1 "very good" 2 "quite good" 3 "slightly good" ///
434
      4 "neither good nor bad" 5 "slightly bad" 6 "quite bad" 7 "very bad", replace
435
      label values attitude3 attitude3
436
      codebook attitude3
437
438
439
      *recode all attitude variables from 0-6 to 1-7
440
      recode attitude4 (0=1)(1=2)(2=3)(3=4)(4=5)(5=6)(6=7)
      label define attitude4 1 "very pleasant" 2 "quite pleasant" 3 "slightly pleasant"
441
      111
      4 "neither pleasant nor unpleasant" 5 "slightly unpleasant" 6 "quite unpleasant" 7
442
      "very unpleasant", replace
      label values attitude4 attitude4
443
444
      codebook attitude4
445
446
      *Each item's response is summed to give a total score, ranging from four to 28,
      higher scores reflecting more negative attitudes.
      gen attitude = (attitude1 + attitude2 + attitude3 + attitude4)
447
      lab var attitude "Attitude Score MMIC"
448
449
      codebook attitude
450
      histogram attitude //see the distrubution
451
452
      *generate new variable for attitude dichotomised
      *A positive attitude 4 to 15, and negative attitudes 16 to 28. A score of 16 would
453
      reflect a neutral attitude and will be coded as a negative attitude for this study
      recode attitude 4/15 = 0 16/max = 1, generate(attitude dich)
454
455
      label variable attitude dich "Attitude dichotomised"
      label define attitude dich 0 "Positive attitude" 1 "Negative attitude", replace
456
457
      lab val attitude dich attitude dich
      tab attitude dich
458
459
      tab randomise attitude dich
460
```

```
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```
461
     *co-primary self-reported daily adherence to aspirin 5/7 days, logistic
462
     regression, adjusted for GP clinic
     *same coding as first co-primary outcome but at 1-month
463
     464
     *****
465
     label variable taking aspirin "Aspirin uptake 1-mo"
466
     codebook taking aspirin
467
    tab taking aspirin
468
     tab randomise taking_aspirin
469
     470
     471
     *MMIC triagulate the three, knowledge, attitude and uptake into informed or
     uninformed choices
     472
     *****
473
     rename knowledge_dich_12 knowledge_total_d
474
     codebook knowledge total d
475
     codebook attitude dich
     codebook taking aspirin
476
477
478
    /*combine the no, taking aspirin and started then stopped aspirin:
     2 participants started then stopped taking aspirin after 1-mo and they were added
479
     to the not taking aspirin group */
480
481
     recode taking aspirin (0 \ 2 = 0)
482
483
     label define taking aspirin 0 "Yes", modify
     label define taking aspirin 1 "No and start stopped", modify //only 2 participants
484
     started then stopped aspirin at 1-mo
485
     lab val taking aspirin taking aspirin
486
487
     recast int knowledge total d
     recast int attitude dich
488
489
    recast int taking_aspirin
490
491
     *generate variable for mmic with all missing values
492
     gen mmic=.
493
     label variable mmic "Multi-dimensional measure of informed choice"
    lab define mmic 0 "Uniformed choice" 1 "Informed choice" 2 "Informed choice" 3
494
     "Uninformed choice" 4 "Uninformed choice" 5 "Uninformed choice" ///
    6 "Uninformed choice" 7 "Uninformed choice" 8 "Uninformed choice", replace
495
     lab values mmic mmic
496
497
    tab mmic randomise, miss
498
499
     *all possible combinations of informed choices
     replace mmic=1 if (knowledge total d==1 & attitude dich==0 & taking aspirin==0)
500
     replace mmic=2 if (knowledge total d==1 & attitude dich==1 & taking aspirin==1)
501
502
503
     *all possible combinations of UNinformed choices
     replace mmic=3 if (knowledge total_d==1 & attitude_dich==1 & taking_aspirin==0)
504
```

```
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      replace mmic=4 if (knowledge total d==1 & attitude dich==0 & taking aspirin==1)
 505
      replace mmic=5 if (knowledge total d==0 & attitude dich==0 & taking aspirin==0)
 506
      replace mmic=6 if (knowledge total d==0 & attitude dich==1 & taking aspirin==0)
 507
      replace mmic=7 if (knowledge total d==0 & attitude dich==0 & taking aspirin==1)
 508
      replace mmic=8 if (knowledge total d==0 & attitude dich==1 & taking aspirin==1)
 509
 510
 511
      tab mmic
 512
      codebook mmic
 513
      514
      515
      /*Second co-primary outcome: SELF-REPORT REGULAR ADHERENCE TO DAILY ASPIRIN
      (i.e., taken 5 or more out of 7 days in a week) at 6 months */
 516
      517
      codebook taking aspirin 6
 518
      label variable taking aspirin 6 "Aspirin uptake 6-mo"
 519
      codebook taking_aspirin_6
 520
      tab taking aspirin 6
 521
      tab randomise taking aspirin 6
 522
 523
      524
      /* Decisional conflict scale - Linear regression to estimate the mean difference
 525
      between the two arms
      526
      *****
 527
      (scores range 0-100)
 528
      scoring:16-items total [1-16 inclusive]
 529
      a) sum the 16 items
      b) divided by 16
 530
      c) multiplied by 25
 531
 532
      0 = no decisional conflict
      100 = extremely high decisional conflict*/
 533
      codebook reduce crc prefer avail option benefit option risk option benefit me
 534
      risk me benefit risk me choice support choice pressure advice choice best me choice
       sure_choice easy_choice informed choice import me choice stick w decision
      satified decision
 535
      *rename the variables to dcs 1-16
 536
 537
      rename reduce crc prefer prefer dcs
      tab prefer dcs
 538
 539
      rename avail option dcs1
      rename benefit option dcs2
 540
 541
      rename risk option dcs3
 542
      rename benefit me dcs4
 543
      rename risk me dcs5
      rename benefit risk me dcs6
 544
 545
      rename choice support dcs7
      rename choice pressure dcs8
 546
 547
      rename advice choice dcs9
 548
      rename best me choice dcs10
 549
      rename sure choice dcs11
```

```
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```

```
550
      rename easy_choice dcs12
551
      rename informed choice dcs13
552
      rename import me choice dcs14
      rename stick_w_decision dcs15
553
554
      rename satified_decision dcs16
555
      codebook dcs1 dcs2 dcs3 dcs4 dcs5 dcs6 dcs7 dcs8 dcs9 dcs10 dcs11 dcs12 dcs13 dcs14
556
      dcs15 dcs16
557
558
      gen dcs = ([dcs1 + dcs2 + dcs3 + dcs4 + dcs5 + dcs6 + dcs7 + dcs8 + dcs9 + dcs10 + dcs10]
      dcs11 + dcs12 + dcs13 + dcs14 + dcs15 + dcs16] / 16)*25
      lab var dcs "Decisional conflict score"
559
      label val dcs dcs
560
      univar dcs
561
      histogram dcs //see the distribution
562
563
```