Address for all correspondence Research Ethics and Governance Office Royal Prince Alfred Hospital CAMPERDOWN NSW 2050 Telephone: (02) 9515 6766 EMAIL: <u>SLHD-RPAEthics@health.nsw.gov.au</u> Reference: X19-0192 & 2019/ETH11561 9.79/MAY21



25 June 2021

Dear Dr Cayanan,

Re: Protocol No X19-0192 & 2019/ETH11561 - "Body composition effects of high intensity functional exercise training during rapid weight loss in patients with obstructive sleep apnoea: A pilot randomised controlled trial (WOLF study: Weight loss Obstructive sLeep apnoea & Functional exercise)"

The Executive of the Ethics Review Committee, at its meeting of 25 June 2021 considered your correspondence of 24 May 2021 and of 25 June 2021 and gave its approval of the following:

- Protocol (Master Version 4.1, 14 May 2021)
- Participant Information Sheet (Master Version 4.2, 23 June 2021)
- Participant Consent Form (Master Version 1.5, 23 June 2021)
- Inclusion of Mr Fraser Lowrie, Dr Lachlan Stranks, Dr Wai Kuen Chow, A/Prof David Wang, Mr Phillip Munoz

Recommencement of the recruitment of patients can only occur once authorisation has been granted by the Chief Executive or their delegate at each institution.

You are asked to liaise with the site Research Governance Officer to determine whether the recommencement of recruitment is feasible or requires additional site approval.

Yours sincerely,

Sanaa Thomas Executive Officer Clinical Trials Sub-committee (RPAH Zone)

For

Merela Ghazal Acting Executive Officer Ethics Review Committee (RPAH Zone)