



THE UNIVERSITY OF  
**WESTERN  
AUSTRALIA**

#### Human Ethics

##### Office of Research Enterprise

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**Our Ref:** RA/4/20/4642

17 September 2018

Dr Kym Guelfi  
School of Human Sciences  
MBDP: M408

Dear Doctor Guelfi

#### **HUMAN RESEARCH ETHICS APPROVAL - THE UNIVERSITY OF WESTERN AUSTRALIA**

##### ***Optimising the exercise experience to facilitate healthy food choices: the role of high-intensity intermittent exercise and basic psychological need-support.***

Ethics approval for the above project has been granted in accordance with the requirements of the *National Statement on Ethical Conduct in Human Research* (National Statement) and the policies and procedures of The University of Western Australia. Please note that the period of ethics approval for this project is five (5) years from the date of this notification. However, ethics approval is conditional upon the submission of satisfactory progress reports by the designated renewal date. Therefore initial approval has been granted from 17 September 2018 to 16 September 2019.

You are reminded of the following requirements:

1. The application and all supporting documentation form the basis of the ethics approval and you must not depart from the research protocol that has been approved.
2. The Human Ethics office must be approached for approval in advance for any requested amendments to the approved research protocol.
3. The Chief Investigator is required to report immediately to the Human Ethics office any adverse or unexpected event or any other event that may impact on the ethics approval for the project.
4. The Chief Investigator must submit a final report upon project completion, even if a research project is discontinued before the anticipated date of completion.

Any conditions of ethics approval that have been imposed are listed below:

#### **Special Conditions**

*None specified*

The University of Western Australia is bound by the *National Statement* to monitor the progress of all approved projects until completion to ensure continued compliance with ethical principles.

The Human Ethics office will forward a request for a Progress Report approximately 30 days before the due date.

If you have any queries please contact the Human Ethics office at [humanethics@uwa.edu.au](mailto:humanethics@uwa.edu.au).

Please ensure that you quote the file reference – RA/4/20/4642 – and the associated project title in all future correspondence.

Yours sincerely

Mark Davies  
Manager, Human Ethics

<b>Name</b>	<b>Faculty / School</b>	<b>Role</b>
Dr Kym Guelfi	School of Human Sciences	Chief Investigator
Dr James Dimmock	School of Human Sciences	Co-Investigator
Dr Ben Jackson	School of Human Sciences	Co-Investigator

**Student(s):** Natalya Beer