

**HREC Committee Secretariat:**

**A/Prof Clement Loy**  
Medical Graduate – Neurologist

**Mrs Patricia Fa**  
Clinical Trials Pharmacist

**HREC Committee Members:**

**Ms Narelle Bell**  
Lawyer

**Prof Angus Dawson**  
Professor of Bioethics

**Mr John Fisher**  
Lawyer

**Mr John McLeod**  
Layman

**Mr Sean Mungovan**  
Physiotherapist

**Mrs Janette Parry**  
Laywoman

**Dr Christopher Ryan**  
Medical Graduate - Psychiatrist

**Mrs Katherine Schaffarczyk**  
Nurse Educator

**Prof Ramon Shaban**  
Nursing – Community Health

**Dr Tony Skapetis**  
Dental Graduate

**Dr Howard Smith**  
Medical Graduate – Endocrinologist

**Ms Jennifer Sullivan**  
Laywoman

**Ms Shane Waterton**  
Laywoman

**Dr Christine Wearne**  
Clinical Psychologist

**Mrs Christina Whitehead**  
Research Co-Ordinator - RN

Research Office File No: **(4826)**

**HREC Ref:** HREC/16/WMEAD/336  
**SSA Ref:** SSA/16/WMEAD/381 - Westmead  
SSA/16/WMEAD/443 – Blacktown Mt Druitt

23 August 2018

Professor Alison Jones  
Faculty of Science, Medicine and Health  
University of Wollongong

Dear Professor Jones

Research Proposal: SMS SOS: Effectiveness of SMS text messages in improving survival and rehabilitation rates of deliberate self-harm patients and reducing re-presentation of DSH patients to hospital.

We acknowledge your request for amendment and attached documentation in relation to the above study.

I am pleased to advise approval has been granted for the Request for Amendment / Modification for this **multicentre** research project being conducted at:

- Westmead Hospital –Chief Investigator/ Principal Investigator A/Prof Christopher Ryan
- Blacktown and Mount Druitt Hospital – Principal Investigator A/Prof Naren Gunja
- Nepean Hospital – Principal Investigator Dr Anita Kotak

The following documentation has been reviewed and approved.

- Study Protocol, version 6, dated 13 July 2018

***This amendment has also been reviewed and authorised by the Research Governance Officer for Western Sydney Local Health District. For non-Western Sydney Local Health District sites please ensure that the Research Governance Officer for each site named on this study receives the updated approved documentation in relation to this amendment.***

HREC approval is granted for a period of 12 months and ongoing approval is contingent upon annual submission. Annual Reports for all studies should be submitted in November, they will be review, approved, and notified to the HREC. A copy of the Annual / Final Research Report Form can be obtained electronically from the Research Office on request.

**HUMAN RESEARCH ETHICS COMMITTEE**

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We appreciate your keeping us informed and look forward to receiving your next annual report.

Yours sincerely



Mrs Pat Fa  
Secretary  
WSLHD Human Research Ethics Committee