

Participants Consent Form

Integrated health mobile text messaging people with Type 2 Diabetes Mellitus for 12 months

I _____, agree to participate in the research project titled ***'Integrated health mobile text messaging people with Type 2 Diabetes Mellitus for 12 months'***, conducted by Ms Li Li Dai and other health professionals who has (have) discussed the research project with me.

I have received, read and kept a copy of the information letter/plain language statement. I have had the opportunity to ask questions about this research and I have received satisfactory answers. I understand the general purposes, risks and methods of this research.

I consent to participate in the research project, and the following points has been explained to me:

- The research may not be of direct benefit to me.
- My participation is completely voluntary.
- I have the right to withdraw from the study at any time without any implications to me.
- There are risks, including any possible inconvenience, discomfort, or harm because of my participation in the research project; however, they can be minimised by following some professional advice.
- Public liability insurance has been arranged.
- I am expected to receive health-related text messages for twelve months. That is, four times a week for the first three months, then gradually reduce to three and twice a week for the rest of nine months; take my blood tests at six months and twelve months by measuring HbA1c and lipids; check my blood pressure and weight with my GP or other health professional and complete a post-study evaluation or survey form.
- Researchers will liaise with my primary health care clinics and professionals regarding obtaining relevant personal and medical information where necessary for this research study.
- Whom I should contact for any complaints with the research or the conduct of the research.
- I can request a copy of the research findings and reports.
- My personal information will be kept secure and confidential, and my identity will not be revealed in the publication of the study.

Name: _____ (please print)

Signature: _____

Date: _____