

VOLUNTEERS NEEDED!

RESEARCH PROJECT

“The use of a behavioural change strategy for reducing interdialytic weight gain in patients with kidney failure undergoing haemodialysis: A cluster randomised controlled trial.”

INVITATION

You are invited to take part in this research project, that is investigating different ways of managing fluids in patients who are receiving haemodialysis treatment.

You have been invited because you are currently receiving haemodialysis treatment for your chronic kidney disease.

PURPOSE OF THIS RESEARCH

Fluid management is important during dialysis because having too much fluid can cause high blood pressure, swelling, breathing difficulties and high weight gain, which can then lead to increased hospitalisation and mortality.

This study seeks to understand how effective behavioural change strategies are in managing fluid amongst people who are receiving haemodialysis treatment for their kidney disease.

Researchers will follow up with you at two stages:

1. After you consent to join the project to collect some information about yourself.
2. At the end of the project to fill out 2 surveys.

WHAT WOULD MY PARTICIPATION REQUIRE?

1. Determine if you are eligible to participate.
2. Fill out the consent form.
3. Complete a form with questions about yourself.
4. Weight and blood pressure measurements will be taken by hospital staff/and or researchers.
5. Complete of two short on-line surveys related to your behaviours and confidence in managing your fluids.

ARE YOU ELIGIBLE TO PARTICIPATE?

You are eligible to participate if you:

- are 18 years and over.
- have been diagnosed with stage 5 chronic kidney disease.
- receive haemodialysis treatment at least 3 times per week.
- have high interdialytic weight gain (>10% dry weight)
- have basic English skills.

HOW DO I PARTICIPATE?

To learn more about this project, please scan the QR code below to complete the Participant Information/Consent form



OR Request a written Participation Information/Consent Form one of your nurses.