



PLAIN LANGUAGE STATEMENT AND CONSENT FORM

TO:

Consent Form

Date:

Full Project Title: Mind Your Nose Trial

Reference Number: 2022-364

1. I have read, and I understand the attached Plain Language Statement.
2. I freely agree to participate in this project according to the conditions in the Plain Language Statement.
3. I have been given a copy of the Plain Language Statement and Consent Form to keep.
4. The researcher has agreed not to reveal my identity and personal details, including where information about this project is published, or presented in any public form.
5. I consent to participate in this project, the details of which have been explained to me, and I have been provided with a written plain language statement to keep.
6. I understand that the purpose of this research is to investigate whether smell-based memory training has benefits for older people who have concerns over changes in their thinking abilities (such as memory).
7. I understand that my participation in this project is for research purposes only.
8. I acknowledge that the possible effects of participating in this research project have been explained to my satisfaction.
9. In this project I will be required to practice on a memory board game for 20 minutes per day, for a period of four weeks (20 training days). I will be randomly allocated to practice on either the smell-based or visual based memory board game. I will also be required to record my training sessions and performance in activity logbooks. I will be involved in three face-to-face assessments which will include an evaluation of my thinking abilities (including memory), as well as my sense of smell through tests and questionnaires that measure these abilities.
10. I understand that my participation is voluntary and that I am free to withdraw from this project anytime without explanation or prejudice and to withdraw any unprocessed data that I have provided.
11. I understand that the physical data from this research will be stored at Deakin University for 15 years, after which it will be destroyed. Digital data collected from

Plain Language Statement & Consent Form to participants
[2022-364: version 2: [03/07/2023]

this study will be kept indefinitely on secured, password protected servers at Deakin University.

12. I understand that I may be found to not be eligible for this study following the initial/baseline assessment, and that any data collected about me up to that point will be destroyed.

13. I have been informed that the confidentiality of the information I provide will be safeguarded subject to any legal requirements; my data will be password protected and accessible only by the named researchers.

14. I understand that after I sign and return this consent form, it will be retained by the researcher.

Participant's Name (printed)

Signature Date