

Monash University Human Research Ethics Committee
Approval Certificate

This is to certify that the project below was considered by the Monash University Human Research Ethics Committee. The Committee was satisfied that the proposal meets the requirements of the *National Statement on Ethical Conduct in Human Research* and has granted approval.

Project ID: 14765
Project Title: Evaluating the impact of alcoholic beverage consumption on dietary-energy intake from high protein snacks and standard protein snacks: a pilot study
Chief Investigator: Dr Aimee Dordevic
Approval Date: 01/10/2018
Expiry Date: 01/10/2023

Terms of approval - failure to comply with the terms below is in breach of your approval and the *Australian Code for the Responsible Conduct of Research*.

1. The Chief Investigator is responsible for ensuring that permission letters are obtained, if relevant, before any data collection can occur at the specified organisation.
2. Approval is only valid whilst you hold a position at Monash University.
3. It is responsibility of the Chief Investigator to ensure that all investigators are aware of the terms of approval and to ensure the project is conducted as approved by MUHREC.
4. You should notify MUHREC immediately of any serious or unexpected adverse effects on participants or unforeseen events affecting the ethical acceptability of the project.
5. The Explanatory Statement must be on Monash letterhead and the Monash University complaints clause must include your project number.
6. Amendments to approved projects including changes to personnel must not commence without written approval from MUHREC.
7. Annual Report - continued approval of this project is dependent on the submission of an Annual Report.
8. Final Report - should be provided at the conclusion of the project. MUHREC should be notified if the project is discontinued before the expected completion date.
9. Monitoring - project may be subject to an audit or any other form of monitoring by MUHREC at any time.
10. Retention and storage of data - The Chief Investigator is responsible for the storage and retention of the original data pertaining to the project for a minimum period of five years.

Kind Regards,

Professor Nip Thomson

Chair, MUHREC

CC: Professor Helen Truby, Mr Alastair Kwok, Petya Papalyugova, Mr Josh Chang, Professor Graham Finlayson

List of approved documents:

Document Type	File Name	Date	Version
Explanatory Statement	Appendix 1. Alcohol and Snacks Study II Explanatory Statement - Overall Study V1	15/08/2018	1
Explanatory Statement	Appendix 3. Alcohol and Snacks Explanatory Statement - Online Screening Questionnaire V1	15/08/2018	1
Consent Form	Appendix 2. Alcohol and Snacks Study II Consent Form - Overall Study V1	15/08/2018	1
Consent Form	Appendix 4. Alcohol and Snacks Consent Form - Online Screening Questionnaire V1	15/08/2018	1
Questionnaires / Surveys	Appendix 5. Online Screening Questionnaire V1	15/08/2018	1
Questionnaires / Surveys	Appendix 6. Likes and dislikes questionnaire -crisps and dips V1	15/08/2018	1
Questionnaires / Surveys	Appendix 7. 2-Day Food Intake Diary	15/08/2018	1
Psychological	Appendix 8. Dutch Eating Behaviour Questionnaire Restrained Eating Subscale	15/08/2018	1

inventories	V1		
Psychological inventories	Appendix 9. Alcohol Use Disorders Screen Test (AUDIT) V1	15/08/2018	1
Supporting Documentation	Appendix 10. Visual Analogue Scales for Hunger and Fullness V1	15/08/2018	1
Supporting Documentation	Appendix 11. 9-Point Hedonic Scales for snack food attributes V1	15/08/2018	1
Supporting Documentation	Appendix 12. Leeds Food Preference Questionnaire for reports V1	15/08/2018	1
Supporting Documentation	Appendix 13. Alcohol and Snacks Study II Study Flyer V1	15/08/2018	1
Supporting Documentation	Appendix 14. Alcohol and Snacks Study II Advertisement to be used for social media and websites V1	15/08/2018	1
Explanatory Statement	Appendix 1. Alcohol and Snacks Study II Explanatory Statement - Overall Study V2	21/09/2018	2
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