**Peroneus longus ACLR Clinical Protocol**

**Pre-operative assessment:**

Range of movement (ROM) of knee

Lachman grade (I-III)

Pivot shift grade (I-III)

Knee injury and osteoarthritis outcome score (KOOS)

Western Ontario and McMaster universities osteoarthritis index (WOMAC)

Lysholm score

Tegner activity rating scale

American orthopaedic foot and ankle score (AOFAS) *(includes strength, ROM and ankle stability)*

**Intra-operative:**

Lachman grade (I-III)

Pivot shift grade (I-III)

**2 week assessment:**

Wound check

Knee ROM

**6 month assessment:**

Range of movement (ROM) of knee

Lachman grade (I-III)

Pivot shift grade (I-III)

Knee injury and osteoarthritis outcome score (KOOS)

Western Ontario and McMaster universities osteoarthritis index (WOMAC)

Lysholm score

Tegner activity rating scale

Gobal rating of change (GROC) score

American orthopaedic foot and ankle score (AOFAS)

**1 year assessment:**

Range of movement (ROM) of knee

Lachman grade (I-III)

Pivot shift grade (I-III)

Knee injury and osteoarthritis outcome score (KOOS)

Western Ontario and McMaster universities osteoarthritis index (WOMAC)

Lysholm score

Tegner activity rating scale

Gobal rating of change (GROC) score

American orthopaedic foot and ankle score (AOFAS)

**2 year assessment:**

Range of movement (ROM) of knee

Lachman grade (I-III)

Pivot shift grade (I-III)

Knee injury and osteoarthritis outcome score (KOOS)

Western Ontario and McMaster universities osteoarthritis index (WOMAC)

Lysholm score

Tegner activity rating scale

Gobal rating of change (GROC) score

American orthopaedic foot and ankle score (AOFAS)