



Monday, 12 October 2015

Division of Research & Development
Research Ethics and Integrity

Dr Timothy Fairchild
School of Psychology and Exercise Science
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Dear Timothy,

www.murdoch.edu.au

Project No. 2015/170
Project Title The effect of exercise timing on glycaemic control in individuals with Type 2 diabetes mellitus

Thank you for addressing the conditions placed on the above application to the Murdoch University Human Research Ethics Committee. On behalf of the Committee, I am pleased to advise the application now has:

OUTRIGHT APPROVAL

Please note, Co-Investigators Prof Jill Kanaley and A/Prof Kim Guelfi will be added to the permit once a signature or an email indicating participation in the study has been received.

Approval is granted on the understanding that research will be conducted according the standards of the **National Statement on Ethical Conduct in Human Research (2007)**, the **Australian Code for the Responsible Conduct of Research (2007)** and **Murdoch University policies** at all times. You must also abide by the **Human Research Ethics Committee's standard conditions of approval (see attached)**. All reporting forms are available on the Research Ethics and Integrity web-site.

I wish you every success for your research.

Please quote your ethics project number in all correspondence.

Kind Regards,

Dr. Erich von Dietze
Manager
Research Ethics and Integrity

cc: Prof Jill Kanaley, A/Prof Kym Guelfi and Shaun Teo

Human Research Ethics Committee: Standard Conditions of Approval

- a) The project must be conducted in accordance with the approved application, including any conditions and amendments that have been approved. You must comply with all of the conditions imposed by the HREC, and any subsequent conditions that the HREC may require.
- b) You must report immediately anything, which might affect ethical acceptance of your project, including:
 - *Adverse effects on participants*
 - *Significant unforeseen events*
 - *Other matters that might affect continued ethical acceptability of the project.*
- c) Proposed changes or amendments to the research must be applied for, using an Amendment Application form, and approved by the HREC before these may be implemented.
- d) An Annual Report for the project must be provided by the due date specified each year (usually the anniversary of approval).
- e) A Closure Report must be provided at the conclusion of the project (once all contact with participants has been completed).
- f) If, for any reason, the project does not proceed or is discontinued, you must advise the committee in writing, using a Closure Report form.
- g) If an extension is required beyond the end date of the approved project, an Extension Application should be made allowing sufficient time for its consideration by the committee. Extensions of approval cannot be granted retrospectively.
- h) You must advise the HREC immediately, in writing, if any complaint is made about the conduct of the project.
- i) Other Murdoch approvals (e.g. fieldwork approval) or approval from other institutions may also be necessary before the research can commence.
- j) Any equipment used must meet current safety standards. Purpose built or modified equipment must be tested and certified by independent experts for compliance with safety standards.
- k) Graduate research degree candidates must normally have their Program of Study approved prior to commencing the research. Exceptions to this must be approved by the HREC.
- l) You must notify Research Ethics & Integrity of any changes in contact details including address, phone number and email address.
- m) Researchers should be aware that the HREC may conduct random audits and / or require additional reports concerning the research project.

Failure to comply with the *National Statement on Ethical Conduct in Human Research (2007)* and with the conditions of approval may result in the suspension or withdrawal of approval for the project.

The HREC seeks to support researchers in achieving strong results and positive outcomes.

The HREC promotes a research culture in which ethics is considered and discussed at all stages of the research.

If you have any issues you wish to raise, please contact the Research Ethics Office in the first instance.