



**Health**  
Western Sydney  
Local Health District

**Research Governance Officer**  
**Nepean Blue Mountains Local Health District and**  
**Western Sydney Local Health District**  
Room 1072, Level 1, Education Block, Westmead Hospital  
Hawkesbury Road Westmead NSW 2145

Telephone: (02) 9845 9634

Facsimile: (02) 9845 9636

Email: [margaret.piper@swahs.health.nsw.gov.au](mailto:margaret.piper@swahs.health.nsw.gov.au)

09 October 2012

Professor Richard Bryant  
Traumatic Stress Clinic  
Brain Dynamics Centre, Acacia House  
Westmead Hospital

Dear Professor Bryant

**HREC reference number:** HREC/12/WMEAD/63

**SSA reference number:** SSA/12/WMEAD/304

**Project title:** Augmenting Cognitive Behaviour Therapy with Brief Exercise for Posttraumatic Stress Disorder

**Protocol number:** Version 1 dated 11 February 2012

Thank you for submitting an application for authorisation of this project. I am pleased to inform you that authorisation has been granted for this study to take place at the following site:

- Brain Dynamics Westmead Hospital

The approved information and consent documents for use at this site are:

- Participant Information Sheet and Consent Form version 2 dated 13 June 2012

The following conditions apply to this research project. These are additional to those conditions imposed by the Human Research Ethics Committee that granted ethical approval:

1. Proposed amendments to the research protocol or conduct of the research which may affect the ethical acceptability of the project, and which are submitted to the lead HREC for review, are copied to the research governance officer;
2. Proposed amendments to the research protocol or conduct of the research which may affect the ongoing site acceptability of the project, are to be submitted to the research governance officer.

Yours faithfully

  
Maggie Piper  
NBMLHD and WSLHD  
Research Governance Officer

cc Mr James Linton, Brain Dynamics, Acacia House

Western Sydney Local Health District  
ABN 48 702 394 764

WSLHD Office, Westmead Hospital Campus  
Institute Road, Westmead NSW 2145  
PO Box 533, Wentworthville NSW 2145  
Tel (02) 9845 5555